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City to ease brew laws

BUSINESS

Bylaw would let breweries operate in more locations

 **Brodie Thomas**
 Metro | Calgary

It looks as if Calgary City Council is about to raise a glass to local brewers.

And by "raise a glass," we mean relax regulations.

Administration is recommending council approve a new land use definition called "brewery, winery and distillery."

If approved by council, it would make it easier for brewers of beer, wine and spirits to set up their operations in just about any discretionary commercial or industrial space, instead of having to seek out light or medium industrial zones.

The new regulations would let those breweries give tours, sample their wares on site during tours, and host a retail operation.

They'll also be allowed to have a 75-square-metre area where customers can buy and drink goods on site — also known as a bar.

The rules do not apply to brewpubs, which brew and sell their goods for on-site consumption only, and are not allowed to sell bottles for takeout. Brewpubs are already accommodated by the city.

Dan Allard, who's in the middle of opening his brewery Cold Garden, said he thinks the change will bring the city up to speed with popular beer towns like Portland and Vancouver.

"It's totally fantastic," he said. "I think the city realizes this will create jobs — I've been explaining to them the whole time that these brewpubs are like coffee shops, not nightclubs."

WITH FILES FROM JEREMY SIMES/METRO



AARON DHATHA/METRO

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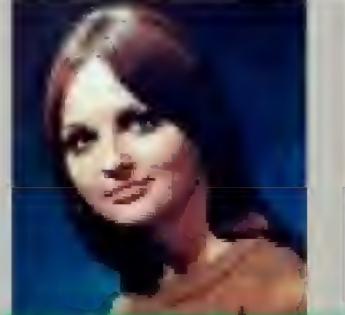
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A full-body photograph of a woman with long, wavy brown hair, standing on a sandy beach. She is wearing a two-piece pink bikini with white lace trim. The bikini top is a halter style, and the bottoms are high-waisted with a tie. She is looking directly at the camera with a slight smile. The background is a bright, sandy beach meeting a clear blue ocean under a light blue sky.

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Millennials could impact city's layout, values: Expert

REAL ESTATE

Highest demand for housing in the core, outskirts

 **Brodie Thomas**
Metro | Calgary

When Lori Magnus decided it was time to buy a home, she started by looking close to the city centre.

The resident of McKenzie Lake said her choice to move to the deep south mainly came down to affordability, but space was important too.

"The square footage wasn't the biggest thing, but I didn't want to be looking into my neighbours windows," said Magnus.

A University of Lethbridge researcher is finding that most millennials (aged 25-35) are moving towards the centre of the city, but there's a pocket of them in Calgary's deep south — in suburbs like Auburn Bay and Mahogany.

She said the Baby Boomers caused a boom of apartments when they were in their 20s followed by a boom in suburban homes as they aged.

Burgess is studying what impact millennials and their



A University of Lethbridge researcher is finding millennials are concentrating in the downtown, except for a pocket of them in the deep south. METRO FILE

changing values will have on cities.

"It's interesting to look at what they want in terms of housing, and how is this going to change our cities," she said.

She isn't convinced this generation is going to follow the same pattern as the Boomers.

"This begs the question, is this a long-term trend?" asked Burgess. "Are people going to

stay downtown, or are they just there for their young adult stage and they plan to move out to the suburbs again?"

When she surveys millennials, she finds those living

 **It's interesting to look at what (millennials) want in terms of housing, and how is this going to change our cities.**

Lori Magnus

downtown put a high value on being able to walk and bike places.

"This one lady I talked to, I'm sure she had it figured out down to the dollar what it would cost her farther away from work. Her time was really valuable."

Those buying on the outskirts talk about the affordability of their homes, and having more space.

She said those who live in the suburbs do miss having amenities close by, especially recreation facilities. But other things make up for it.

"Lakes are huge for people out in the suburbs," said Burgess, adding some people reported it as the top item on their wish list.

Burgess is looking for more people in the 25-35 age group to complete her study. If you'd like to help, contact her through her website at millennialhousing.blogspot.ca.

DENTAL CARE

Fluoride out despite poor teeth

 **Helen Pike**
Metro | Calgary

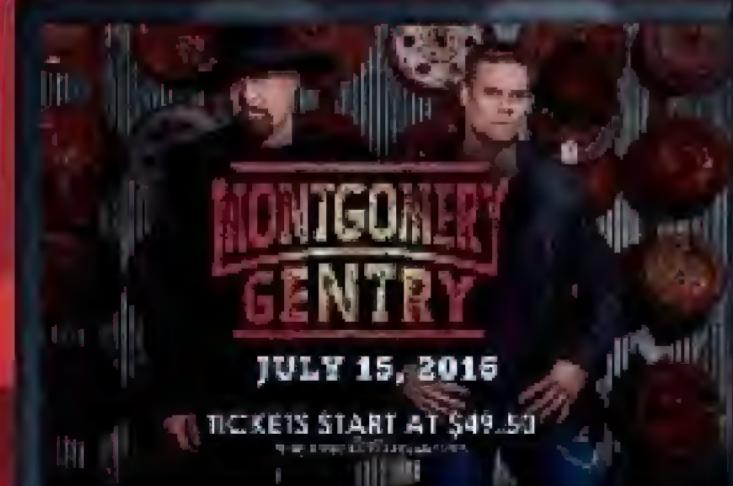
The debate on public water fluoridation was rekindled in February when a University of Calgary research study found children's dental health had faltered after the city stopped adding it to water. Councillors Richard Pootmans and Diane Colley-Urquhart are meeting with experts in both public policy and medicine to see what can be done to bolster dental care.

"Children in poverty are likely to have poor dental health, poor dental health can lead to general physical health problems," said Pootmans. "If we look at this as a healthcare issue, that's a different perspective, and all of the sudden fluoride is a part of that."

He continued to say that a focus on just fluoride isn't the way to approach this issue anymore.

Pootmans said fluoride isn't the only part of the issue — but it's definitely part of the puzzle.

"It could be helping facilitate the work of CUPS, and the Alex," said Pootmans. He noted giving agencies lump sums might not be the best approach. "It would make sense if we had a much bigger picture of what the problem is and what the better policy solutions are."

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Mother charged in case

CALGARY POLICE

Daughter with developmental disabilities found dead

Lucie Edwardson
Metro | Calgary

The mother of a developmentally disabled Calgary woman is facing charges following the death of her daughter.

Insp. Don Coleman said Calgary Police Service and EMS were called 3 a.m. Tuesday to a home in the 0 to 100 block of Woodridge Close SW, in response to reports of a woman in medical distress. A woman was found unresponsive and was pronounced dead on scene.

"A medical investigator who attended the home deemed the death to be suspicious, at which point the Homicide Unit was contacted," said Coleman.

The woman was identified as Melissa Couture, 38, of Calgary. An autopsy is underway to determine the cause of death.

"Melissa had a development-



The home on Woodridge Close where Melissa Couture was found deceased. METRO

al disability — believed to be cerebral palsy — and suffered from chronic medical issues," said Coleman.

Patricia Couture, Melissa's mother, 68, of Calgary, has been charged with failure to provide the necessities of life.

She's scheduled to appear in court on Thursday.

"It would appear from our initial investigation in response to that residence that the standard of care set out in the criminal code was not met and that resulted in that charge being laid," said Coleman.

Coleman said it appeared as though Melissa was fully reli-

ant on others for care.

"It would appear from her physical appearance that there were several issues that required attention and medical care was not provided," he said.

Anyone with information can call the Calgary Police Service non-emergency line at 403-266-1234.

PUBLIC HEALTH

'Hook-up' culture behind STIs: Prof

Jeremy Simes
For Metro | Calgary

The gap, once said to be closing between Alberta's largest cities, has spread wide open since the government announced the province is facing an STI outbreak.

Chlamydia rates continue to climb in the Calgary health zone, according to new data, in particular in the 20-to-24 age range, which saw 1,877.4 cases per 100,000 people in 2015, up 5 per cent from 1,785.5 in 2014.

The Edmonton zone, which was once seeing a reduction in chlamydia, saw its rates spike last year in the 20-to-24 age range. In 2015, the capital city had 2,232.1 cases per 100,000 people, up 20 per cent from 1,853.7 in 2014.

Alberta Health largely blamed the rise in social media

hook-up sites and apps for the "dramatic" increase in STI rates.

Caroline McDonald-Harker, sociology and anthropology professor at Mount Royal University, said the rise of STI is due to shift in attitudes in dating and sexual intimacy, where there's no desire for romantic relationships.

"We're living in a hook-up culture," she said. "It's not a lack of education from formal institutions. I personally think it's because we're bombarded with highly sexual content, and that's overtaking all this educational information we're learning."

Along with chlamydia, gonorrhoea rates saw substantial increases in the 20-to-24 age range in both cities. Calgary's gonorrhoea rate jumped to 138.8 per 100,000 people (from 101.6 in 2014), while Edmonton's skyrocketed to 480.4 (210.7 in 2014).

We're bombarded with highly sexual content, and that's overtaking all this educational information. Caroline McDonald-Harker

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ALBERTA HEALTH SERVICES

New info system to save \$400M

 **Jeremy Simes**
For Metro | Calgary

Alberta Health Services (AHS) is laying the groundwork for a new central clinical information system (CIS) to ease the headaches that patients face when accessing multiple care providers.

During the health authority's board meeting on Wednesday, AHS Interim CEO Dr. Verna Yiu said the new system will mean patients won't have to repeat their medical history to health workers as all their information will be stored in a central repository.

AHS will spend \$32 million on the CIS during this fiscal year, and \$100 million over the course of four years to support the project. AHS will reinvest and reallocate money saved from the initiative.

Yiu said AHS estimates it would save \$400 million over a 10-year period by implementing the information system.

INDIGENOUS

Minister pledges to repeal consultation bill

Alberta's minister of indigenous affairs says the government will repeal a bill next week that is widely despised among First Nations and has already led to several lawsuits. Richard Feehan says Bill 22, which created an agency that decides when aboriginal people have been adequately consulted on resource projects, will go. That led to a lawsuit this week, when the Fort McKay First Nation asked a court to overturn a consultation ruling. THE CANADIAN PRESS

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Grappling for gold

OLYMPIC GAMES

Calgary-based members of wrestling team ready for Rio

 **Lucie Edwarson**
Metro | Calgary

As Wednesday marked the 100-day countdown to the Rio 2016 Summer Olympic Games, Calgary-based team Canada wrestlers said they're gearing up to compete.

Metro caught up with team Canada wrestlers Erica Wiebe and Jasmine Mian who are currently training and bonding with their teammates in Hawaii for the first time since they qualified.

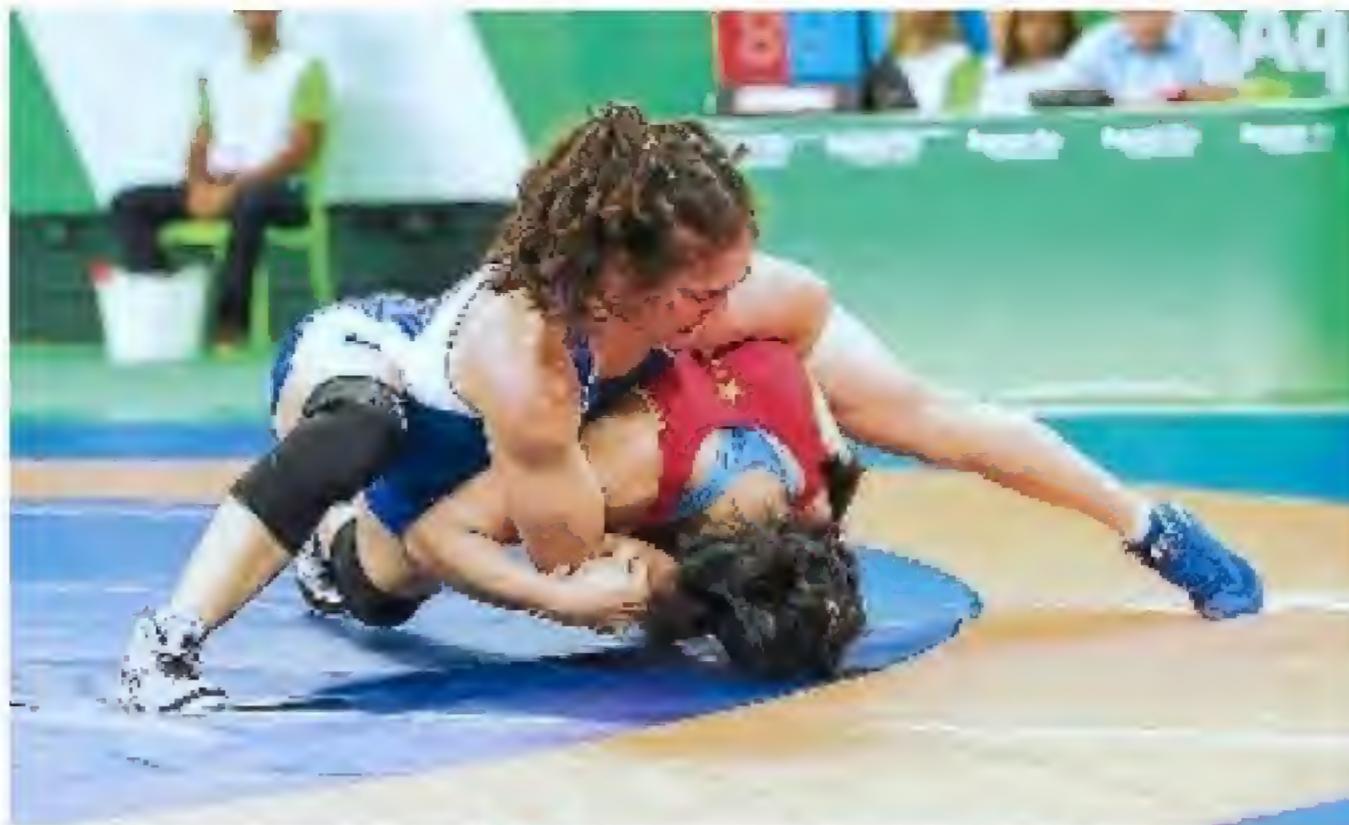
"The road to Rio has been a long four years and the 100-day mark is a very cool point to be at together," said Wiebe. "I personally draw a lot of inspiration from the other women on the team because they are all so determined, empowered and confident and do such amazing things — they make me want to be better."

The ladies said they're currently in a more technical phase of training, but said leading up to Rio, their training will be just like as if they were training for World Championships or Olympic trials.

"We go through phases of peaking and tapering and our coaches are really doing a great job of preparing us to be at our best," said Wiebe.

Mian said she has been wrestling for more than 13 years, and has always looked up to the members of past Olympic teams who came before her.

"Team Canada has a strong history of Olympic success, we've had an Olympic medal in every Olympics since women's wrest-



Above: Jasmine Mian (blue) is set to compete at the Rio 2016 Olympics as a member of the team Canada women's wrestling squad.

Right: Erica Wiebe (red) recently qualified as a member of the team Canada women's wrestling team and will also compete in Rio this summer.

CONTRIBUTED

ling started," she said. "I just feel honoured to follow that history of success and have the chance to bring home a medal myself in Rio."

Wiebe said after recently officially qualifying for the Olympic team, she's now ready to shift her focus.

"To now be able to focus on performing my best is so crucial to my journey," she said. "Now I can put aside my nervousness about qualifying and focus on preparing for the people I need to beat and preparing to be at my best."

Aside from their own events, both women said they are looking forward to taking in other events as a spectator.



"I'm really excited to watch Usain Bolt compete in his last Olympic games and see if he can win gold in another 100 metre event," said Mian.

"My family has tickets to go to the women's gold medal final for soccer, so I would really be so happy to cheer on Team Canada in that women's final," said Wiebe.

I just feel honoured to follow that history of success and have the chance to bring home a medal.

Jasmine Mian

Complaint filed against naturopath

An Alberta regulatory group is investigating a complaint about a naturopathic doctor involved in the case of a toddler who died of meningitis.

A jury in Lethbridge convicted David and Collet Stephan on Tuesday of failing to provide the necessities of life for their 19-month-old son Ezekiel.

Court heard the couple thought the boy had croup or flu and treated him for 2 1/2 weeks with home remedies, even though a family friend who was a nurse told them she thought Ezekiel had meningitis.

Collet Stephan also took the boy to a naturopathic clinic and picked up an echinacea mixture for the child, although there was conflicting evidence about whether the doctor talked to her.

A letter of concern about Tracey Tannis, with the names of 43 medical doctors, was sent to the College of Naturopathic Doctors of Alberta in March.

"We are a group of Canadian physicians and surgeons who have been watching the trial of Collet and David Stephan over the past few weeks and, while we are moved by the senseless tragedy of Ezekiel's death, we are also deeply concerned about the conduct of the registered naturopath involved," said the letter.

The college responded in a letter that says Tannis is to be investigated under the province's Health Professions Act.

Tannis testified during the trial that she was with a patient when a clinic worker interrupted to tell her a mother was on the phone asking about a treatment for meningitis. She said she followed the employee to the phone.

"You need to tell the lady to take the child to emergency right away," said Tannis, who told the jury that she remained by the phone long enough to confirm the message was relayed. She said she never met the mother.

THE CANADIAN PRESS



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Nenshi yields seat for day

POLITICS

Shadow mayor takes on accessibility, composting

 **Helen Pike**
Metro | Calgary

Being mayor for a day is so deceptively easy — what between the pizza parties, meetings and media scrums — Erin Novakowski said in a couple of years she might be running for a spot at city hall.

Once a year, the mayor's office and Youth Central team up to pick a lucky student to shadow Mayor Naheed Nenshi for a day. This year, students had to submit video essays explaining what they would do for Calgary if elected.

"The city is doing awesome, but there's always room for improvement, no matter what you're doing," Novakowski said. "Even if everything is fine the way it is, it can always become a little bit better."



There's a new mayor in town, and she's taking Naheed Nenshi's seat in council chambers.

HELEN PIKE/METRO

Nenshi said the program is an opportunity to show students what's happening at the city, but noted Novakowski's video submission really

touched him and he's hoping to learn more about some of her bright ideas.

"I may have noticed Erin's purple hair," said Nenshi, who

Wednesday was not the mayor. "I get to make the final decision; it's always very controversial because there's really, really good applicants."

There's always room for improvement, no matter what you're doing.

Erin Novakowski

Novakowski, a Grade 9 student from St. Matthew School, said if elected some of her key issues include accessibility — she's in a wheelchair herself — homelessness and composting.

"For wheelchair accessibility, of course, I am in a wheelchair, so it's affected me my entire life," Novakowski said. "I've always cared deeply about the people who live in my city, and my country and all over. I think that they should be able to be safe and warm, and we need to help them with that."

When it comes to composting, Novakowski said she'd like to see community bins, much like mailboxes.

RESOURCES

Residents using less water

Calgarians are using less water, but managing to stay well hydrated, according to a report.

The city proudly proclaimed despite a growing population, they managed to convince individuals to use less water per capita in 2015.

369

The number of litres of water used per capita.

is below the current target of 440, but not quite at the 2033 target of 350 litres per capita.

Although individuals are doing great, the city is drawing more water from rivers. In 2015 river water withdrawals were 178,114 million litres, which is well below the 2003 level of 212,500 ML. But in 2014 withdrawals sat at 176,445 million litres.

Last year the city said the dip could be because of water meters with hefty rates — whereas in the past they were paying flat rates. HELEN PIKE/METRO

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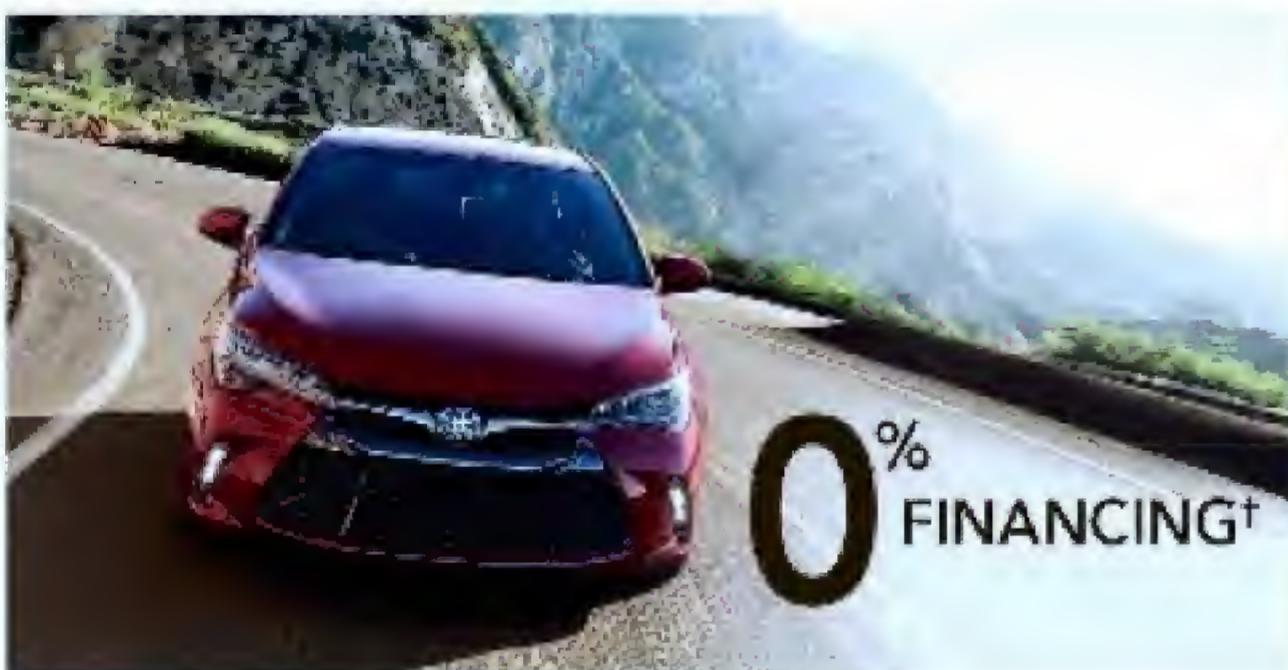


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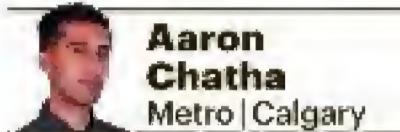
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Folk Fest lineup announced

MUSIC

Calgarian Carter Felker to perform at fest for first time



Aaron Chatha
Metro | Calgary

For five years, Calgary musician Carter Felker has been attending the Folk Fest — as a fan.

"First time I went to the Folk Fest I used to go and watch all these great bands and be super depressed that I'd never be good enough to be on the stage with them."

Congratulations Felker — you're in.

The Calgary Folk Festival announced their 2016 line-up on Wednesday, and the country singer-songwriter — who likes to mix a little outlaw into his music — was on the list.

"I'm still shocked that I even got asked."

The annual festival combines music from all over the world, and isn't strictly limited to folk.

Artists this year include Calgarian and Canadian acts, and acts from Australia playing traditional aborigine music.

The draw of Folk Fest is putting these disparate acts and genres on the stage together, and letting them freestyle and play together.

In addition to several local acts, headliners to the main stage include 2016 Juno award winners Braids and Whitehorse.

They'll be joined by other headlining acts like The New Pornographers, The Tallest Man on Earth, The Bros. Landreth, The Sadies, Cat Power and Corb Lund.

But the performers feel



Carter Felker said, after years of attending as a fan, he was shocked to be selected to perform at Folk Fest. COURTESY CARTER FELKER

It's really fighting the good fight for music.
Todd Stewart

the real power of Folk Fest is to give less established, and sometimes off-kilter groups the opportunity to perform and take part.

"It truly is one of the most magical things that happens in Calgary every year," said Todd Stewart from the Northern Beauties.

"It's really fighting the good fight for music."

Stewart said he met the band's violin player through a Folk Fest workshop, which are offered throughout the year.

"Since Calgary Folk Fest moved into this area, it's also

increased visibility," said local performer Nancy LaBerge. "Inglewood has become the music mile. Folk Fest has put arms out to invite people who otherwise would never have the chance to be part of it."

For the full Folk Fest lineup, visit www.calgaryfolkfest.com.



Folk-Americana artist Nancy LaBerge said Folk Fest has become vital to helping artists who otherwise wouldn't get that kind of exposure. COURTESY NANCY LABERGE



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Jazz group taps into new space

KAHANOFF CENTRE

New Universe, the first show in the facility, starts May 27

Aaron Chatha
Metro | Calgary

Over the course of eight long, long days, Kim Cooper sorted through stockpiles of old costumes and props from Decidedly Jazz Danceworks' 32-year history in Calgary.

They were shutting down the building and moving into a new space that opened this month.

The artistic director had been with the company for 27 of those years and it was her way of saying goodbye to the old space as the company erected its new building downtown. The costume room was like a zoo — very little organization, and some of the costumes were so old they disintegrated in her hands.

"All of the costumes had the dancers' names in them,"



The company dancers rehearse for the first performance in their new venue. AARON CHATHA/METRO

Cooper said, placing names with old shows she'd been a part of.

"It was like re-living all of

that again. I feel like that was me saying goodbye to that time, and that space, as I felt like I was touching all those

dancers and those dances again."

It was a bittersweet goodbye — but as sad as she was

“Dancers so often are making their work in these hidden-away basements, dark rooms, wherever they can scrounge to find a space. This is the opposite of that. Kim Cooper

to say goodbye, it didn't compare to Cooper's excitement at moving into the new space on 12th Ave, which she calls a dance palace.

Now housed in the 12-storey Kahanoff Centre expansion, the building boasts about 38,000 square feet of space for the DJD facility.

Company dancer Kaleb Tekeste said he loves the large spaces, new sound system — and best of all, the large amount of light pouring into the building. At night, the studios are lit up by LED lights that seep onto the street through large, bay windows overlooking downtown.

Performers hope the view will be inspiring. Even the main theatre, with 230 seats, posits the dancers with a city backdrop to bring a different kind of life to their productions.

"Dancers so often are making their work in these hidden-away basements, dark rooms, wherever they can scrounge to find a space," said Cooper. "This is the opposite of that."

Tekeste, having been with DJD for more than 10 years, said it helps him love his job that much more — but making a career off body movement is about more than a good space.

"I dance because I love it. It's my outlet," he explained. "I wouldn't trade it for anything — I get to hang out with my friends all day, wear sweatpants to work and have fun together."

Although the facility is already open for classes, the professional company kicks off their first show, New Universe, on May 27.

"There's magic in it," smiled Cooper. "It's going to be a special show."

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PHOTOGRAPHY

Portrait of a super-fan

It's not something you see only at conventions anymore; the fandom surrounding cosplay has spread online, with popular cosplayers drawing in thousands of fans.

And if a cosplayer wants to keep those fans, that means good photos.

Ryan Logan operates Aka Maple, a website dedicated to cosplay photography.

It started as a way for Logan to express his own appreciation for the hundreds of hours costumers spend on their cosplay.

"The website started with me going to conventions and taking pictures of good cosplays I liked," he said. "It eventually evolved into people wanting to commission me."

Shooting cosplay is unlike other portrait photography, Logan explained.

Cosplay is all about attention to accuracy and detail: a costumer is recreating a fictional character. Fans enjoy seeing their favourite characters brought to life. A photographer has to try to reconcile that character with our world.



Popular cosplayers, such as Calgary's Alana Waffles, increasingly seek out photographers' experience in specialized portraits. COURTESY RYAN LOGAN

"With a wedding, you're trying to capture that person and their happiness and be as authentic to their experience as possible," he said. "With cosplay photography, you're really trying to recreate and be unauthentic to the actual person but authentic to the series they're trying to represent."

When he's unfamiliar with the character, Logan usually starts a photo shoot with a few basic questions: what's the story of the series or comic book, what's their personality like and what other information can be offered based on their series.

Cosplay photography is becoming increasingly popular, as the pros aim for a certain aesthetic that only a cameraperson with a passion for different mediums can achieve.

AARON CHATHA/ FOR METRO

TAKE A LOOK

For more of Logan's photography, visit akamaple.com.



Kay Pike says her designs often act as a gateway for those looking to get into cosplay. COURTESY KAY PIKE

Cosplayer turns geek chic into an empire

CALGARY 2016 COMIC EXPO
POP CULTURE THREADS

Kay Pike's store has catered to a special niche for seven years



Aaron Chatha
Metro | Calgary

On Kay Pike's online store, there's a hat in the shape of a dinosaur biting straight down.

Fans are losing their heads over it.

Based out of Calgary, Pike has been running Canada Cosplay for seven years now, and the little dinosaur is among her most

popular items.

It all started at Calgary's anime convention, Otafest, when Pike was selling a few homemade items from a booth.

It's since expanded into a countrywide online store, selling hats, hoodies and trinkets. Pike said it's like a gateway drug into the world of cosplay — which is a form of costuming, where fans recreate video game or comic characters and visit conventions in costume.

"I've had people come up to me years later and say, 'You know what, the first thing I ever did at a convention was wear your cat hat, and this year I put so much energy and effort into this costume,'" Pike said. "It's been really rewarding in that sense to me."

Pike said cosplay is a steadily growing subculture of comic,

CHECK IT OUT

For more information, visit canadacosplay.com.



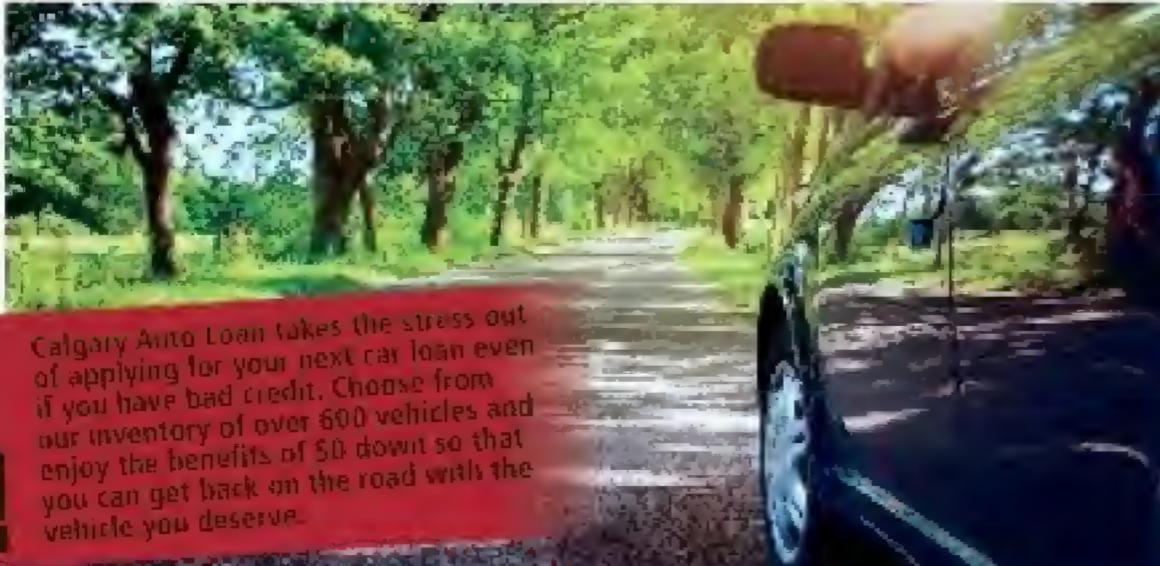
COURTESY KAY PIKE

acter that someone else enjoys too, they open up a form of discussion."

Canada Cosplay now has a group of women sewing and putting together the products designed by Pike. Pike will be at a booth in the 800 aisle at the 2016 Calgary Comic Expo.

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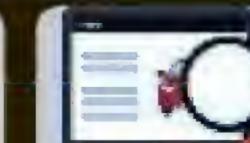
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Convention costuming not consent

CALGARY 2016 COMIC EXPO
PHOTO ETIQUETTE

Cosplayers frustrated by unruly fans talk of experiences

Aaron Chatha
Metro | Calgary

Seeing your favourite characters come to life is one of the most impressive spectacles of Calgary Comic Expo — but not one that's without risks.

As they've done for several years now, the Calgary Expo website FAQ outlines that the expo should be a safe place for costumed attendees to have fun. In more direct terms: Cosplay does not equal consent.

Calgary cosplayer Alana Waffles — who has dressed up as many characters including Marvel's Black Canary — said the majority of fans are very respectful and kind. Except for a few unruly customers, people at conventions generally realize it's rude to cat call, ogle or touch a cosplayer inappropriately just because they're wearing a leotard.

But the consent also in-

cludes photos as well. Waffles said she appreciates being asked and having the chance to pose for a photograph. But when she is sitting against a wall, drinking water or checking her phone, she would prefer strangers not take photos of her.

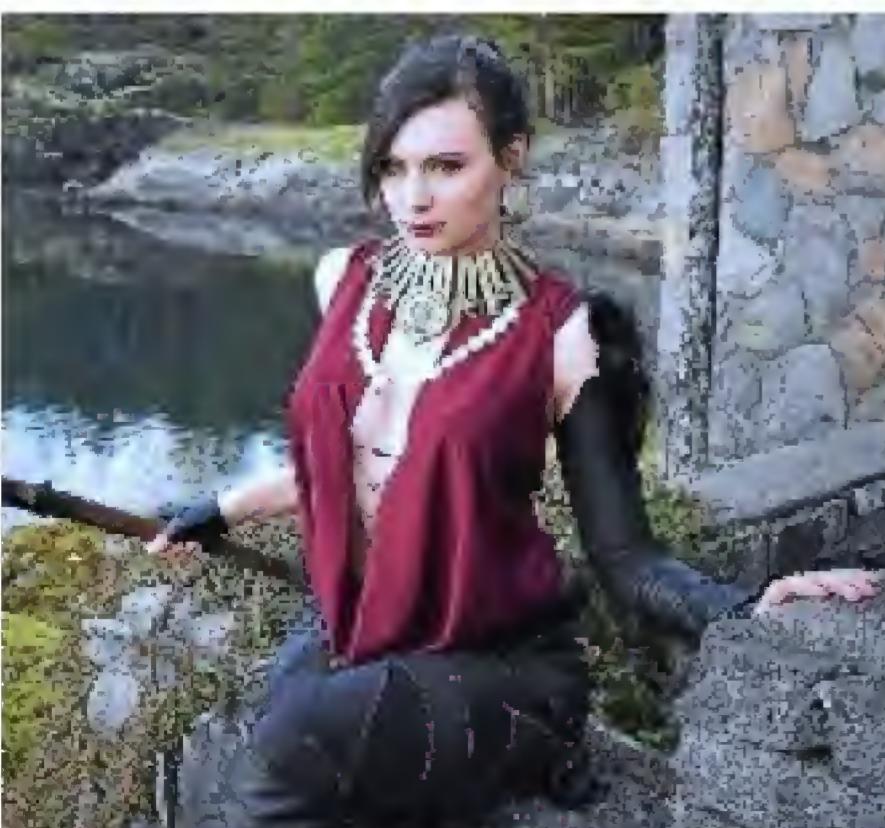
She recalled one situation where her leotard was riding up at a convention.

"A guy was taking a photo behind me as I was walking," she said, adding she has nothing against a provocative pose, "but you have to ask."

As the fandom around cosplaying increases, and many more popular cosplayers gather strong followings on social media, cosplayer Yelaina May said it can become frustrating when commenters treat cosplayers as objects, rather than appreciating their hard work.

"It's definitely irritating on the internet when people are like, 'Ugh, I need to see more boobs on this costume,'" she said. "Why? It's completely unnecessary, why did you feel the need to say that?"

Both cosplayers stressed that asking for permission is the first step to creating a safe space, where cosplayers and fans can have fun and celebrate characters they love.



Cosplayer Yelaina May said most of the worst comments toward her happen online — but she has heard of people being disrespectful at conventions as well. COURTESY YELAINA MAY

SECURITY

Police answer public's alarm service questions

Lucie Edwardson
Metro | Calgary

With changes due next month to the alarm service bylaw, many Calgarians have questions about the changes.

Effective May 15, Calgary 911 will no longer dispatch alarm calls where only one zone is activated, and alarm agencies will be required to contact two key holders prior

to contacting police.

Alison Turgeon, alarm coordinator for CPS, spoke with Metro about the changes coming into effect beginning next month.

Turgeon said they have been getting a lot of questions from citizens about not responding to one-hit alarms.

"We recognize change is difficult and in response to us not attending these one-hit alarms, there are many guard services that do provide that service."

she said.

"If this does affect somebody, we recommend they talk to their alarm provider about what they can do."

Adam Matlin, chief operating officer for Think Protection, said although the changes to the bylaw might seem daunting, newer alarm companies like theirs have checks and balances to avoid calling police unless absolutely necessary.

"All of our packages include at least three triggers and three

contacts must be made before calling police," he said. "Having private guards respond is also great because it doesn't eat into important police resources."

Matlin said the Think Protection customers always have the option of police dispatch or private guard response when their alarms are triggered.

Turgeon said when police are dispatched to a false alarm the alarm company in question will then be charged a \$75 fine each time.

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WIND

University marks half century

EDUCATION

The University of Alberta satellite broke free in 1966

Helen Pike
Metro | Calgary

The University of Calgary is turning 50 years young, so to kick off celebrations a large dose of nostalgia is in order — which isn't hard to come by once you've left post-secondary for a taste of the real world.

The U of C isn't an old university by any stretch, but its history is rich. The once-satellite University of Alberta campus managed to break free and claim autonomy in 1966 when the province officially legislated the university. The 50th anniversary on April 29, will kick off a year of celebration and the first ever alumni weekend.

"It's grown enormously in a short time," said Aritha van Herk. She's written a 50-page book on the school's history to commemorate 50 years.

"The university is the creation of the city. This isn't a government, provincial decree that anointed the university here, the people of Calgary were the ones who wanted a university, and the ones who fought for it, argued for it and lobbied for it."

Although the school has been plopped straight into Canada's heart of oil and gas and industry, van Herk said from the beginning the school has made

THREE THINGS

■ Heritage Hall at the Southern Alberta Institute of Technology, which opened in 1922, served as the first home of what would become the University of Calgary.

■ The red steel arch spanning the university's south entrance was once part of a pedestrian crossing over Crowchild Trail before it was widened. In 1988, students hung a red Honda Civic from the arch to show its strength.

■ Students once staged a mock funeral for a student named I. M. Hungry to protest the quality and price of food at the university cafeteria.

smart environmental choices. All the water used on campus was brown water, paths were designed organically with green-space first and the school's heating system was ahead of its time.

"It has that feeling of a place you can walk through, even though there are a lot more buildings now," van Herk said. "The trees, the green spaces, the stretches of green that interrupt those buildings are very peaceful — and that's a longterm design that's been there right from the beginning."

Campus was literally built from the ground up, starting with a stretch of mud that turned into what we see today.



1 In the beginning there wasn't much more than dirt and dust. Here's the starting point for what's now the U of C campus.

2 Rocks meant as landscape ornaments quickly took on traditional canvas pieces for students.

3 Bermuda shorts day in 1972 looks pretty chilly. That's UCalgary President A.W.R. Carrothers getting ready for a pie draw.



ALL PHOTOS COURTESY UNIVERSITY OF CALGARY

Weekend kicks off year-long celebrations

This weekend's kickoff is about thanking Calgarians for creating the university and supporting it.

"For us it's not so much about the number, it's about the opportunity to recognize what's happened to date, and

I think all too often people just forge ahead," said Kim Lawrence, U of C associate vice president of marketing. "It's a nice thing to do for people."

The weekend will start with a warm embrace of the campus family. There will be employee

recognition awards, an afternoon open house for anyone on campus.

Former leadership will be on campus — from 1966 onwards.

And some of them haven't been on campus for a while.

The first ever alumni week-

end will also have events, lectures and family fun. But this is just the beginning, there will be events throughout the year.

It's an action-packed weekend and all the details can be found at: ucalgarycelebrates.ca

HELEN PIKE/METRO

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MAYERTHORPE

No one injured as train trestle bridge burns and collapses

Mounties say a fire that destroyed a train trestle bridge northwest of Edmonton is suspicious.

The fire at the Canadian

National Railway bridge on the outskirts of Mayerthorpe on Tuesday forced students at the nearby Mayerthorpe high school and residents of 38 mobile homes at the Creek's Crossing trailer park to evacuate.

No one was injured.

Thick, black smoke billowed from the burning railway bridge for hours until it collapsed later Tuesday.

Dramatic pictures and video

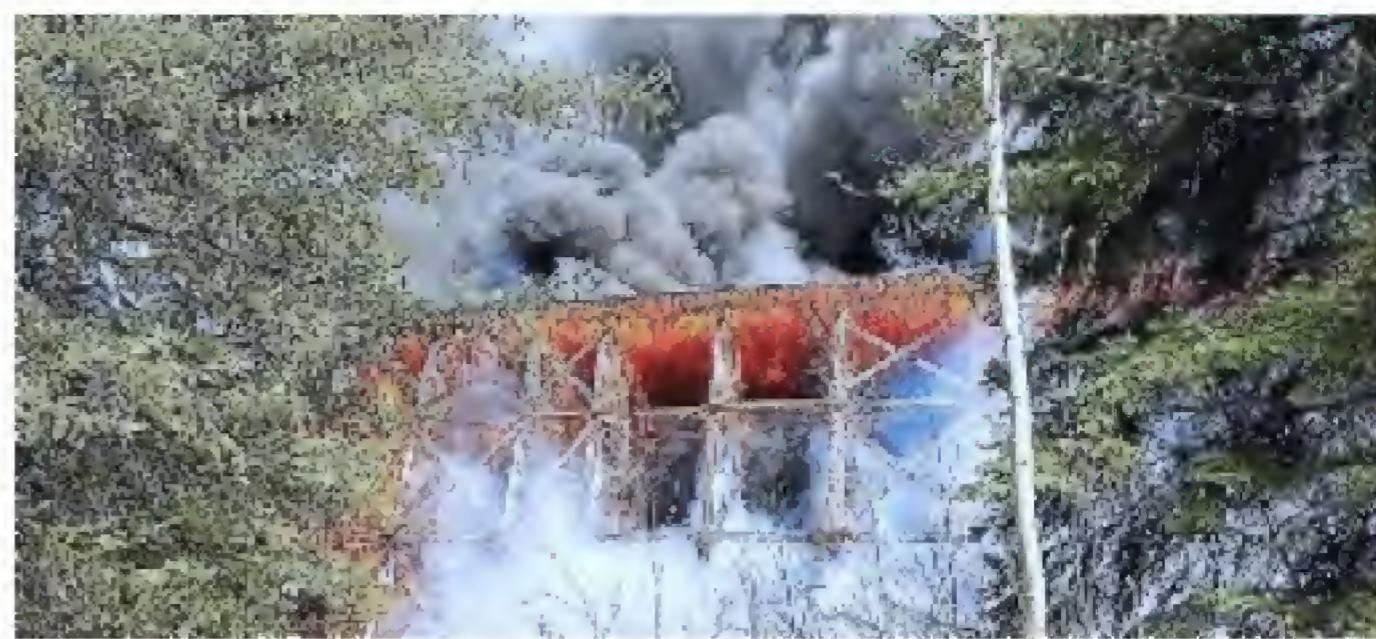
surfaced on social media as the structure burned.

Mayerthorpe RCMP say they, along with provincial fire investigators and CN officials, are investigating what may have caused the fire.

Sgt. Scott McAuley says the fire was the fifth that police have been called to in the past 30 days.

He says it's a concern given the dry conditions this spring.

THE CANADIAN PRESS



Fire engulfs the Canadian National Railway bridge near Mayerthorpe on Tuesday. THE CANADIAN PRESS

LABOUR SAFETY

Minister to speak at union ceremony

Alberta's largest union is to have an unusual guest at its ceremony to honour workers killed or injured on the job.

The Alberta Union of Provincial Employees says for the first time ever the province's labour minister will attend its annual day of mourning service Thursday.

Union president Guy Smith said having Minister Christina Gray speak at the event indicates the NDP wants to make meaningful improvements to workplace safety.

Smith said the union hopes that will include making it easier for employees such as social workers, hospital emergency-room staff and correctional officers to get help for post-traumatic stress disorder.

"We are seeing many more members coming forward with these psychological issues," said Guy Smith.

We are seeing many more members coming forward with these psychological issues.

Guy Smith

During debate on the bill, then-opposition NDP member Rachel Notley proposed an amendment that called for including correctional officers, social workers and emergency health employees in the legislation.

Notley's amendment was voted down.

Smith said the union has been lobbying the NDP to take action to broaden the legislation to cover more workers

since it won the election last May.

He said the challenge is the government has so many other issues on its plate that change could take time.

"The labour minister is well aware of our concerns," Smith said. "We would like to see it sooner than later but we also want to make sure that they get it done right."

THE CANADIAN PRESS

"By having it recognized formally in legislation—I think that might open the door to people

IN BRIEF

Police officer cleared in serious multi-car crash

Alberta's Serious Incident Response Team (ASIRT) has found a Calgary Police Service officer not guilty of any criminal offences following an investigation into his role in a serious car crash from 2014.

The incident in question occurred Dec. 11, 2014 around 11:30 a.m. when a stolen truck fleeing a traffic stop went through the red light at the 46th Street

and 130th Avenue intersection at an estimated speed of 102 km/h, resulting in a collision.

The car initially collided with a third vehicle occupied by two women. The two men in the small car were seriously injured, while the two women sustained less serious injuries.

ASIRT determined that the sole responsibility for the collision rests on the driver of the stolen vehicle.

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IN BRIEF

Canada must pave the way for 'smart' transportation: Garneau

Canada must make its transportation system smarter and greener, says Transport Minister Marc Garneau, but documents show the country is falling behind its trading partners in connecting infrastructure to the vehicles that use it.

Garneau said that he wants to see Canada at the forefront of the push to create intelligent transportation systems that allow cars, trucks, ships and planes to communicate with roads, rail, and ports.

THE CANADIAN PRESS

Canada pledges to send more aid to Ecuador, but DART won't be going

Canada is contributing another \$900,000 to earthquake-stricken Ecuador, but has decided against sending the Disaster Assistance Response Team.

The latest donation brings Canadian assistance to Ecuador to \$2 million.

The government has also contributed to sending a Canadian Red Cross field hospital to help. Global Affairs says DART evaluated the situation and decided it was not needed.

THE CANADIAN PRESS

Rethink Saudi deal: Critics

The Liberal government must rethink its \$15-billion arms deal with Saudi Arabia, given the deteriorating human rights situation, a group of peace and human rights organizations urged.

Opponents of the sale of Canadian-made light armoured vehicles in the Middle East say it flies in the face of Justin Trudeau's promise to reinvigorate Canada's standing on human rights issues around the world. THE CANADIAN PRESS



These family photos show Reet Jurvetson, aged 18. Los Angeles police said they're investigating whether the young woman, found stabbed more than 100 times in 1969, is connected to the Manson family killings.

CONTRIBUTED/TORSTAR NEWS SERVICE

'My little sister was savagely killed'

REET JURVETSON

Canadian was dumped near site of Manson killings

For decades, she was known simply as Jane Doe No. 59 — an unidentified body dumped with 150 stab wounds in Los Angeles in 1969 near the site of several killings perpetrated by the notorious Manson family.

On Wednesday, a Canadian connection was confirmed in the 47-year-old cold case when the murdered woman was iden-

tified as Reet Silvia Jurvetson, a 19-year-old Montreal resident who'd gone to Los Angeles that year.

"Jane Doe #59 now has a name," Anne Jurvetson, Reet's sister and the last living member of her immediate family, said in a statement. "She had one all along, but no one knew."

Jurvetson said she's hopeful the news will help provide authorities with leads or fresh information.

"My little sister was savagely killed," the Quebec woman wrote in a four-page testimonial dated April 18.

Anne, now 73, had been in

contact with the LAPD since 2015, when Reet's friends saw a post-mortem picture, noticed a resemblance and alerted her.

A DNA match positively identified Jurvetson as Jane Doe No. 59, whose corpse was found Nov. 16, 1969, by a birdwatcher in dense brush off the iconic Mulholland Drive. She had been stabbed 150 times and didn't have identification. But the location and timing of the killing just a few kilometres from the site of several Manson family murders long fuelled speculation that Jurvetson's case was connected.

Los Angeles police Det. Luis

Rivera told People Magazine, which broke the story, investigators can't rule out the Manson family's involvement in the killing.

Charles Manson achieved notoriety in 1969 as the leader of a "family" of young killers who terrified Los Angeles. He was convicted of killing seven people, including pregnant actress Sharon Tate, the wife of director Roman Polanski.

Rivera told The Canadian Press there is nothing firm as of yet that would allow authorities to connect the slaying to the Manson clan.

THE CANADIAN PRESS

BOOK

Trans man writes memoir on giving birth, childrearing



Trevor MacDonald
CONTRIBUTED

Meg Crane
For Metro | Winnipeg

It's not common knowledge that men can have babies and breastfeed. But, Trevor MacDonald wants it to be.

MacDonald is a trans man who gave birth to his two children, who are now six years old and eighteen months.

"Because I had chest surgery, I produce a small amount of milk but not a full milk supply, so we had a lot of amazing, amazing parents donate

milk, actually for both our kids now," said MacDonald.

As he and his husband drove around Winnipeg picking up donated milk, they realized that what they were doing would make a great story. So, MacDonald started writing his book, *Where's the Mother?*, set to be released May 24.

The book covers MacDonald's transition, pregnancy and experiences of breastfeeding and finding milk donors.

"I think I wanted to try to get across to people what it

really felt like to have this experience of giving birth and breastfeeding as a trans man," he said. "I wanted to provide a real window into that whole experience."

He has a lot of well-intentioned allies, but they don't always understand the right way to treat him or to help. The book, he said, could be part of the answer.

But, putting it together wasn't always easy.

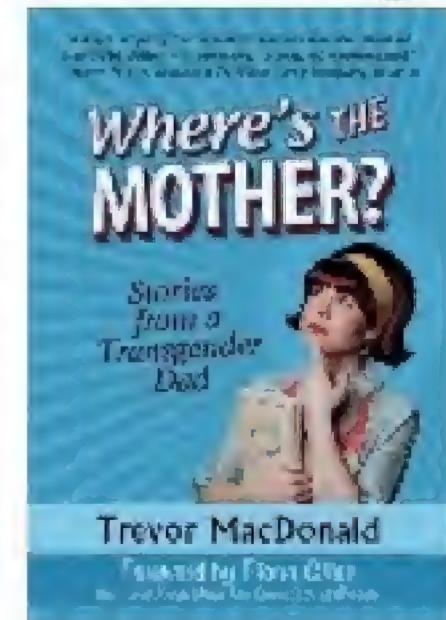
"Sometimes it was hard to go back to moments that had been difficult, but I felt I wanted to explain and wanted

to share," he said.

In particular, having to ask people to donate breast milk for his babies was hard and awkward.

On his blog, Milk Junkies, MacDonald often gets questions from people about being trans and pregnant. The book's one way he can answer a lot of those questions in one place.

"I hope that it will lead to a lot more conversations and maybe create some more space for people to be able to talk about trans identities," he said.





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PHILIPPINES

Experts seek to identify body

Police forensic experts are trying to determine if the headless body of a Caucasian man that was found by villagers in the southern Philippines was that of a Canadian hostage who was beheaded by Muslim militants earlier this week.

John Ridsdel, 68, was beheaded after the Abu Sayyaf did not receive a large ransom it had demanded by a Monday deadline.

Fellow Canadian Robert Hall, a Norwegian and a Filipino woman who were kidnapped with Ridsdel in September are still being held by the militants, along with about 20 other foreign hostages.

President Benigno Aquino III says that the Abu Sayyaf militants who beheaded Ridsdel may have plotted to kill him and kidnap boxing star Manny Pacquiao.

Aquino says the militants also wanted to explode bombs in metropolitan Manila to try to get funding from Daesh, but the plans were uncovered and troops have reduced the group's ability to inflict harm. Aquino, whose six-year term ends in June, says he sent a letter expressing condolences to Ridsdel's family, describing his death as appalling.

He vowed "to devote all my energies" to ensure that the extremists would be "at the very least ... a very seriously degraded problem" for his successor.

While he has forged a peace pact with a larger Muslim rebel group, Aquino said there is no possibility of engaging in talks with the brutal Abu Sayyaf.

"We have always believed in the power of dialogue, development and positive engagement over arms," Aquino said. But he said of the Abu Sayyaf, "you have chosen only the language of force, and we will speak to you only in that language."

THE ASSOCIATED PRESS

Trump struggles to explain 'America first' foreign policy

U.S. ELECTION

Front-runner goes for sober tone to appear presidential

Donald Trump strained to lay out a clear vision of his "America first" foreign policy on Wednesday, vowing to substitute hard-headed realism for what he called a post-Cold War era replete with U.S. national-security failures.

Yet the Republican presidential front-runner outlined no strategy for how he'd make the

United States at the same time a "consistent" and "unpredictable" force in the world. And he didn't appear to allay the concerns of U.S. and international critics — Republicans at home as well as Democrats — who see him as unfit for the responsibilities of commander in chief.

"America first" will be the major and overriding theme of my administration," Trump declared, echoing motifs from his campaign that is now close to sealing the GOP nomination.

Delivering his lines in a more sober, restrained manner than usual to cast himself as presidential material, the billionaire businessman and reality TV star

toned down or omitted several of his most explosive — and oft-repeated — barbs. He made no reference to forcing Mexico to pay for a wall across the nation's southern border.

Instead, Trump took aim at President Barack Obama's embrace of an Iran nuclear agreement, Obama's failure to eliminate Daesh and other examples of what he termed a foreign policy of "randomness" and "chaos." His criticism extended to Republicans, too, assailing President George W. Bush for the Iraq war.

"My foreign policy will always put the interests of the American people and American security above all else," he said.

TED CRUZ

Meanwhile, Republican presidential candidate Ted Cruz tapped former technology executive Carly Fiorina — a woman who he said has repeatedly "shattered glass ceilings" — to serve as his running mate.

The U.S. approach to fighting Daesh will be "strong" under a Trump administration, he vowed, offering no indication of troop levels he might authorize. He intends to ease tensions with

Russia while negotiating "from a position of strength," but he wouldn't say what that means for U.S. sanctions punishing Moscow for annexing Ukrainian territory. He said he'd balance America's massive commercial deficit with China "quickly," without a word about tariff policy or existing trade agreements.

Trump also contradicted his own broad-brush approach to foreign policy. He said at one point that the best way to achieve his goals was through "disciplined, deliberate and consistent" policy. Later, however, he exhorted the nation to "be more unpredictable" in how it combats enemies.

THE ASSOCIATED PRESS

MIGRANT CRISIS

Greece builds more camps as deportations continue

Migrants and refugees are depicted in these photos at a makeshift camp at the Greek-Macedonian border near the village of Idomeni on Wednesday.

Greece continues to send migrants to Turkey as part of a European Union-Turkey agreement aiming to stop the flow of refugees and migrants across the Aegean to Europe's more prosperous heartland.

Nearly 54,000 people are stranded in Greece after Europe closed its land borders to the migration flow last month. Greece said Wednesday it would construct a further four camps for them, in an effort to gradually clear an impromptu camp.

AFP/GETTY IMAGES AND THE ASSOCIATED PRESS

TERRORISM

Paris-attacks suspect extradited to France to face charges



The lone known surviving suspect in the Paris attacks was returned Wednesday to the city where Daesh unleashed a night of mayhem and was charged with a host of terrorism offences, raising hopes that he may be able to help French investigators trace the pathways of extremists thought to be hiding out in Europe.

Salah Abdeslam was whisked in secretly by helicopter after being transferred from the prison

cell in Belgium where he had been held since his capture last month. His lawyer, Frank Bertin, described a "muscular operation" that had caught even the attorney by surprise, causing him to rush to join his client at Paris' Palace of Justice.

The 26-year-old faces preliminary charges of participating in a terrorist organization, terrorist murders and attempted murders, attempted terrorist murders of public officials, hostage-taking

and possessing weapons and explosives, French prosecutors said in a statement.

Bertin said Abdeslam was being sent to Fleury-Merogis, a massive, high-security prison about 30 kilometres south of Paris, where he will be held in isolation in a special camera-equipped cell until his next hearing on May 20. French Justice Minister Jean-Jacques Urvoas said earlier that Abdeslam would be placed in isolation, watched

by guards specially trained to deal with "people reputed to be dangerous."

The return of the last known survivor of the team that carried out the Nov. 13 attacks may help investigators untangle some of the still-unresolved questions about the assault, which claimed 130 lives at cafes, a music hall and a sports stadium. Daesh claimed responsibility for the carnage.

Bertin told reporters Wednes-

day that his client "volunteered that he would explain himself at some later date."

Abdeslam, a French citizen of Moroccan origin, spent four months on the run following the attacks and a month in Belgian custody after being tackled by heavily armed police outside his hideout in the Molenbeek neighbourhood of Brussels.

Abdeslam's precise role in the attacks has never been clear.

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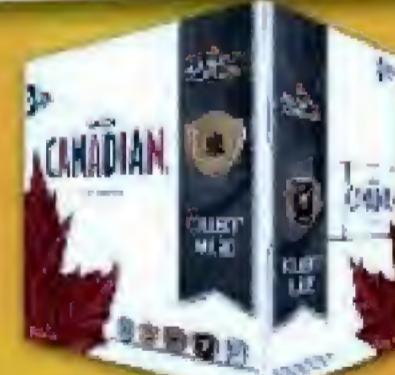
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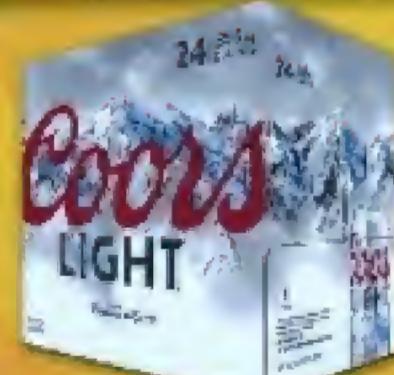
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Business **metronews**

FOOD

More chicken in your McNugget

Like the indestructible Twinkie, Chicken McNuggets are practically a culinary punchline, a symbol of hyper-processed fast food with a list of ingredients that reads like a chemistry exam. But now McDonald's wants to take at least some of the mystery substances out.

The world's biggest hamburger chain says it is testing a version without artificial preservatives.

It's the latest move by McDonald's to try to catch up with changing tastes and turn around its business, which has lost customers in recent years.

The new McNugget recipe is "simpler" and "parents can feel good" about it, the fast-food company said.

While McDonald's did not give full details about what is or isn't in the test recipe, it said the new McNuggets do not have sodium phosphates, widely used food additives that the company has said can keep chicken moist. Also, the McNuggets will not be



McDonald's said it began testing the recipe in Oregon and Washington. ISTOCK

fried in oil containing the artificial preservative TBHQ.

Chicken McNuggets have become an often-mocked symbol of heavily processed fast food since they were introduced in the 1980s. The breaded and fried nuggets are made of ground-up chicken rather than intact chunks of meat and are delivered to stores frozen.

THE ASSOCIATED PRESS

IN BRIEF

PM takes on critics of his pipeline position

Prime Minister Justin Trudeau pushed back Wednesday at federal Conservatives critical of his position on pipelines as he visited Saskatchewan.

Low energy prices are battering the province's economy and have Premier Brad Wall's government in the red, but Trudeau opted to repeat his often-used line that the Conservatives had years to build a pipeline and couldn't get it done.

THE CANADIAN PRESS

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Models walk the runway at the Moose Knuckles Korea Launching Show at SongEun Art Space on August 30, 2013 in Seoul. GETTY IMAGES

'Made in Canada' claims may be false

RETAIL

Moose Knuckles in hot water with Competition Bureau

The CEO of the "Canadian" Moose Knuckles apparel company said Wednesday that not all their parkas are made in Canada, after the Competition Bureau filed an application to have them brought before a tribunal for falsely marketing the brand.

"We make some of our parkas in Canada and some in

other countries," said Ayal Twik in an email.

"The coats are clearly marked. One coat would say 'made in Canada' on the content label if it was made in Canada and another would say 'made in Vietnam' if it was made in Vietnam."

"I believe we are very clear on where our goods are made by putting in a country of origin tags on our coats, and listing them on our website. Many Canadian companies are proud to be Canadian and advertise that fact even if they do not make their goods in Canada," wrote Twik.

Moose Knuckles winter

I believe we are very clear on where our goods are made.

Ayal Twik

coats retail on-line and in specialty stores for \$600 and up.

The brand was in the news in November, when Sophie Gregoire Trudeau, Prime Minister Justin Trudeau's wife, wore one of its red-and-black plaid jackets in London.

"The Bureau is seeking an end to what it believes to be false or misleading 'made in

Canada' representations," according to a release from the Competition Bureau.

The Moose Knuckles parkas are mostly manufactured in Vietnam and elsewhere in Asia, according to the Bureau, which filed an application with the tribunal on Wednesday.

Only the finishing touches, such as adding the trim, zippers and snaps are done in Canada, according to the Bureau. The bureau is seeking a penalty of \$4-million for the company and unspecified compensation for consumers.

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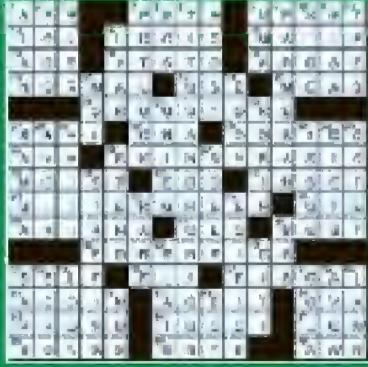
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EMMA TEITEL ON THE DANGERS OF UBER

If you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.

Two years ago, when I downloaded Uber, the American ridesharing service that's uprooting conventional transportation one complimentary water bottle at a time, safety was not at the top of my mind.

Uber was a godsend that ferried me to and from bars and appointments quickly and cheaply in the dead of Canadian winter.

But safety was — and still is — at the top of someone else's mind: my mother's.

To this day, every time I open the app in her presence, she wants to know: "Why do you trust Uber?" "And what is UberX, anyway?"

I try to explain that the latter is not a naughty version of the former (it's just cheaper) but my mom's mistrust of the ride-sharing service remains intact.

"Who knows who is driving you around?" she asks.

To which, I usually respond: "Actually, I do. His name is Vlad. He drives a Toyota Camry."

But she's adamant: "Take a taxi. I'll pay for it."

(I have a theory that conventional cabs have Uber-wary moms to thank for at least 15 per cent of their current business).

The question is: are Uber-wary moms needlessly paranoid or are they actually right to shun the New Lift Order?

Is there something uniquely dangerous about UberX, particularly for women? Lately, to my mom's credit, it

appears there is.

On Tuesday, police in York Region, outside of Toronto, announced that they are investigating an alleged assault associated with the service; a woman said an Uber driver sexually assaulted her.

This allegation is not an anomaly: dozens have been reported across North Amer-

ica in one evening, picking up and delivering fares in between killings.

But I'm not convinced, despite prophecies of doom from a terrified cab industry, that Uber is the spawn of transit Satan.

There is plenty wrong with the service — a culture of secrecy around its safety re-



Among the charges levelled at Uber is that it's unsafe for women. Well, what form of transportation isn't? GETTY IMAGES

ica in recent years. In September, a 25-year-old woman in Toronto alleged that her driver assaulted her. In Los Angeles this year, a man was arrested after he allegedly posed as an Uber driver, lured a woman into his car and sexually assaulted her.

Even though Uber can't be directly blamed for this latter incident, the service provided good cover for a violent criminal act.

And women aren't the only alleged victims. In February, an Uber driver in Michigan shot six people to

cord and, according to many of its employees, a history of underpaying drivers.

But almost everything that Uber has been accused of safety-wise in recent days, holds just as accurately for taxis.

In 2014 a Halifax cabbie was convicted of sexually attacking a female passenger.

And far as the claim that cabbies everywhere are invariably both better regulated and screened, between 2014 and 2015, 100 drivers with known criminal records (including convictions for

drug dealing and offences barring them from driving) were licensed by taxi companies in the U.K. jurisdictions of Liverpool and Sefton.

On a personal note, I have been made to feel uncomfortable by both taxi and Uber drivers.

The former have expressed — unsolicited, and on more than one occasion — their opposition to same-sex marriage, while the latter have remarked, questionably, on my personal habits.

There was, for instance, the Uber driver who dropped me off one day at a waxing salon.

"Your boyfriend must be pretty stoked about your appointment today," he said, clearly presuming I was there for a Brazilian wax; I was getting my moustache removed.

All this is to say, if you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.

Uber may not be a bastion of safety but I doubt it is any more hazardous than a conventional cab, or at other times, a walk down an unlit street. (Or for that matter, a well-lit one).

What it is, however, is new. And new things scare us.

But despite the cash-free ride and the slick marketing, it's an old idea: in the name of convenience we entrust our lives to people we have not met before, and we hope for the best.

Taking a ride with Uber or an old-fashioned cab, we're flouting a piece of classic advice from my mother, and yours: "Never get into cars with strangers."

I'm not convinced, despite prophecies of doom from the cab industry, that Uber is the spawn of transit Satan

Emma Teitel is a national columnist for the Toronto Star.

ROSEMARY WESTWOOD



Labiaplasty trend shows vagina shame is real — and really preventable

Oh, vaginas.

We love to ogle them (*Game of Thrones* is practically addicted) — except, not them, *per se*, so much as the kind that resembles the pale, U-shaped nothingness between Barbie's legs.

If we were that keen to look at all vaginas, girls in the U.S. might not be seeking plastic surgery for medically questionable labiaplasty, which isn't even recommended for adult women by the Society of Obstetricians and Gynecologists of Canada.

The procedure alters the look of women's genitals generally for the sake of altering the look of women's genitals.

It has not been proven to increase pleasure, and could actually reduce it via scarring, according to the American College of Obstetricians and Gynecologists. "Vaginal rejuvenation" sold to older women is pure marketing fantasy, the SOGC says. And while the procedure is sometimes done to relieve labia pain (yes, a thing) it's rarely advertised that way.

Perhaps that's why last year saw an 80 per cent increase in the number of girls under 18 who got labiaplasty in the U.S. (400 in total), according to the American Society for Aesthetic Plastic Surgery. To combat the rates of labiaplasty in both countries, gynecologists are being told to offer counselling to patients — especially young patients — and to help women appreciate their own anatomy. In other words:

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BOOK EXCERPT EPIPHANY: A CHRISTIAN'S CHANGE OF HEART & MIND OVER SAME-SEX MARRIAGE, BY MICHAEL COREN

'I spoke of unconditional love'



Michael Coren is a well-known author, radio personality, columnist, Metro contributor and speaker, who, until last year, was considered a champion of social conservatism in Canada.

Coren has had a profound spiritual and personal change of heart. His book, *Epiphany: A Christian's Change of Heart & Mind over Same-Sex Marriage*, is an examination of how and why that happened.

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In the summer of 2015 I was asked to preach at Toronto's Metropolitan Community Church (MCC). MCC is not exclusively gay but its central theme, its charisma if you like, is outreach to LGBT people, and in all of its many international branches it is at the heart

of the struggle for full equality. Indeed, in Toronto its leader, Brent Hawkes, is one of the most high-profile, visible, and eloquent leaders

of the gay community. It was Brent who invited me to speak at the church — we had known each other for years because we often appeared on opposing sides on television and radio panels; neither of us ever thought we'd be embracing, close to tears, in front of the altar of his church. I'd spoken to hundreds of groups for more than a decade and hadn't felt nervous

for a long time but was most definitely nervous this time. How many of these people had I hurt, how many had lives made more difficult by my writing and broadcasting? I'd never hated but I had given an intellectual veneer to the anti-gay movement, had enabled — even unintentionally — some muddy bigotry. Yes, I was nervous, and a little ashamed.

There were two services,

with a combined congregation of around seven hundred men, women, and some children. And as I walked in on that hot, rainy morning, I was sensing no condemnation, no cynicism, no grudges. As an emotionally constipated Englishman, I was several times close to weeping as I witnessed a feeling of authentic Christian com-

munity that I have, with all due respect, not always found in mainstream church settings. I saw collectives of warmth and support, groups of people from various ethnicities, backgrounds, sexualities, and experiences united in acceptance. After so many months of abuse, accusations, and firings,

my sense of liberation was exquisite. I told them that as a straight man who had reversed his position on gay rights and equal marriage, I had recently experienced a glimpse of a shadow of a whiff of what it must be like to be a gay Christian. I said that some of the finest Christians I had ever met had been people who were gay and had remained true to Jesus Christ. I said that remaining Christian in the face of hostility and even vitriol was an indication of an enormous depth of faith and was a living, fleshy example of a glorious mystery.

I spoke of unconditional love, of what scripture actually said about sexuality rather than the popular and misguided caricature of Biblical truth that we are so often offered. I said that the only absolutes were grace and love. Never has a standing ovation felt so true, so good, and so pure.

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Drawing cancer

INTERVIEW

Author's graphic memoir depicts her struggle with illness

Sue Carter
For Metro Canada

Teva Harrison has been drawing her entire life. Her mother is an artist and so, growing up, art supplies were considered toys. But in 2013, just prior to being diagnosed with stage-four metastatic breast cancer at the age of 37, Harrison — who studied fine art in Seattle — hadn't been creating much personal work. She was too excited and busy with her new director of marketing position at the Nature Conservatory of Canada, not to mention the fun, rich life she shares with her husband, David.

After the diagnosis, Harrison began drawing again as a way of centering and calming herself. "It was definitely something I missed in my life, if not consciously, but subconsciously. It was a place of safety and comfort," she says, describing her early art as "pretty little things that made me smile." On the encouragement of a Toronto hospital psychiatrist, she began creating more personal images. Initially they reflected her childhood memories — both positive and negative. "Things disappear when people die. This is how we lose information and stories and experience, and just documenting moments that were magical to me, or really difficult for me accomplished different things," she says.

When she felt ready to think more about the cancer, and the volcano of physical and emotional pain she was experiencing, Harrison began sketching journal-like comics. But she wasn't ready to reveal those drawings to family or friends quite yet. That wasn't until later, when she showed them to a group of supportive friends, also with metastatic breast cancer, who encouraged Harrison to share her "universal experience." So Harrison put her comic illustrations on a private blog, where they gained her an almost instant following. The drawings were then published serially by The



At 37, Teva Harrison's world turned upside down when she was diagnosed with incurable breast cancer, which means treatment for the rest of her life. To cope, she started to draw and write. The result is a powerful graphic memoir called *In-Between Days*. CARLOS OSORIO/TORSTAR NEWS SERVICE

Walrus, and are now available as a graphic memoir, *In-Between Days*, published by House of Anansi Press.

Told through a series of black-and-white drawings and diary-like entries, *In-Between Days* is a raw, unflinchingly honest, and occasionally joyful account of Harrison's day-to-day life, from awkward social situations ("So what do you do?" a stranger asks) to the physical realities of early menopause. As a vegan, she questions the "selfish" hypocrisies of using drugs tested on animals. And although she is careful about hope, calling it "delicious, heady stuff," it is there nonetheless, in small acts, like her skin-care regi-

ment and need to wear seatbelts, and in the larger-than-life love she feels for her husband.

Harrison also dedicates a section of the book to her family legacy, namely several female members who were also diagnosed with breast cancer. "It was really important to me to include that part in a large way because I don't really believe in the continuance of self," she says. "But we do live on in other people through the stories we tell about them."

These days, Harrison has returned to drawing joyful images, from flowers and birds to dinosaurs eating cake. A collection of them will appear in her *Joyful Living Colouring Book*, coming in November. "The imagery is all about things that make me happy," she says. "I spent so long drawing about cancer, though I don't think I'm done yet."

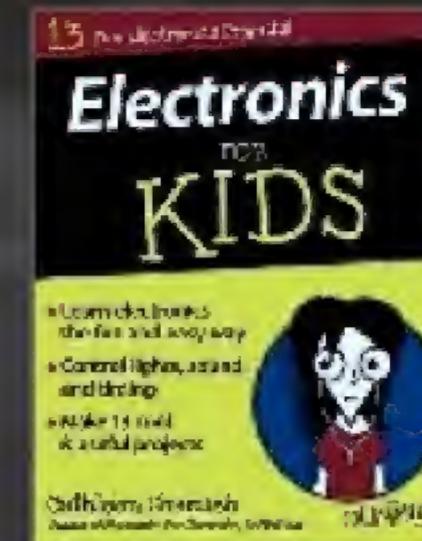
Sue Carter is the editor at Quill & Quire magazine.

I spent so long drawing about cancer, though I don't think I'm done yet.

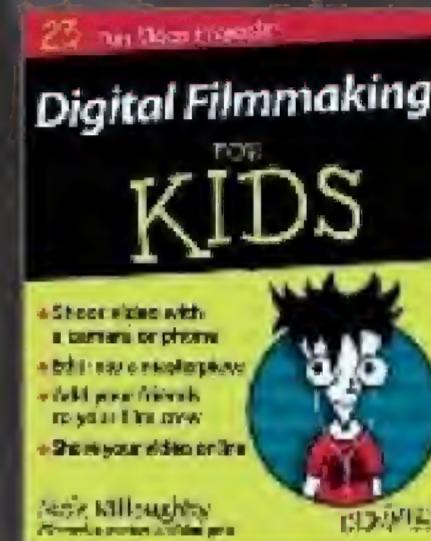
Teva Harrison

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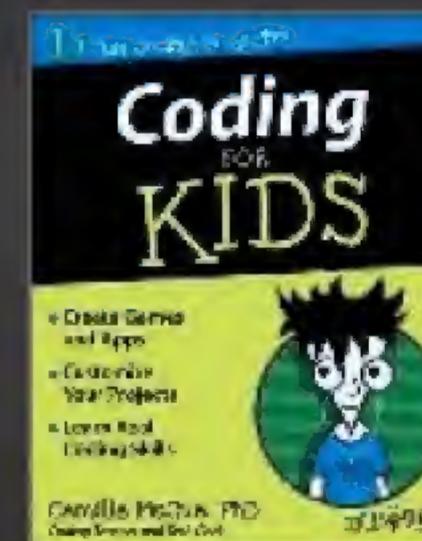
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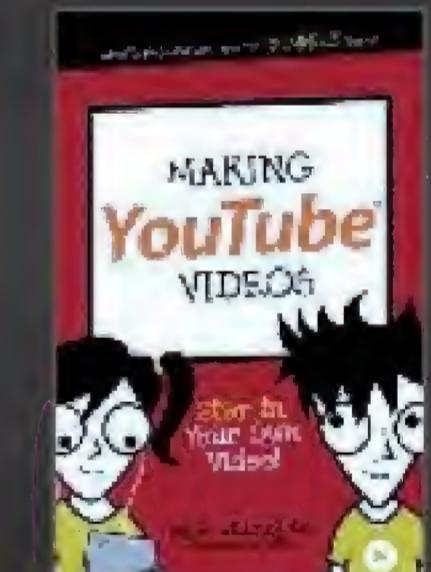
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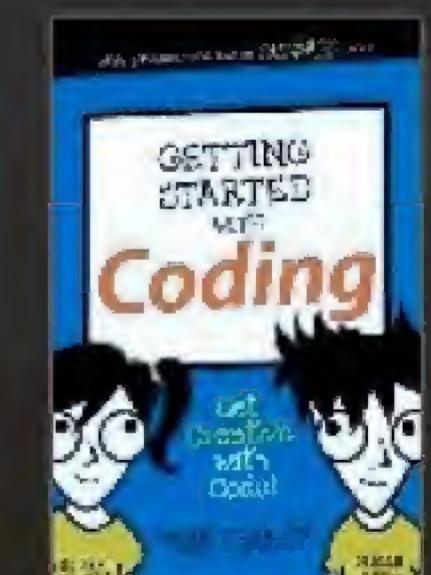
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Contemporary authors reimagine Shakespeare

LITERATURE

Margaret Atwood and others put their twist on the Bard

Deborah Dundas
Torstar News Service

There's an interesting twist in Margaret Atwood's reworking of Shakespeare's *The Tempest*, Louise Dennys is saying.

"She's basically reset it completely in the modern world," says Dennys, executive vice-president of Penguin Random House Canada.

She asked her friend Atwood to take part in the Hogarth Shakespeare project, aimed at getting some of our most prominent modern authors to reimagine Shakespeare's work for today.

"She's just completed it. It's so good. It's just great. I mean,

she's so clever and contemporary and her characters are so rich."

Penguin Random House has released the cover of *Hag-Seed*, as Atwood's version of *The Tempest* is called, and she's just handed in the manuscript, so her contribution to the project is top of mind.

"She has managed to incorporate the theatre into it in a very real way. She has essentially . . ." Dennys pauses, not wanting to give too much away. "No, it's written as a novel. And she's Peggy, what can I say."

Which, of course, makes the whole thing that much more intriguing.

The Hogarth Shakespeare project was started by Dennys and two of her international colleagues — one in the U.K. and one in the U.S. — as a way of marking the 400th anniversary of William Shakespeare's death and introducing his work to a new generation.

They've signed a number of well-known writers who will do "cover versions" (as author

Jeanette Winterson put it) of Shakespeare's plays that will be rolled out over a five-year period.

While we'll have to wait until Oct. 11 to see Atwood's reboot, two of the other titles have already come out: *The Gap of Time*, Winterson's rework of *The Winter's Tale*, and Howard Jacobson's *Shylock Is My Name*, which is, as the title hints, a reset of *The Merchant of Venice*.

Anticipation is already high for American writer Anne Tyler's effort, *Vinegar Girl*, a retelling of *The Taming of the Shrew* that comes out in June.

"Anne Tyler taking on *The Taming of the Shrew* I think is really brave . . . it's a very controversial novel in modern times. Because Kate, the 'shrew' who stands up against her husband, eventually gives in."

The modernizing comes, Dennys notes, in the way Tyler deals with the relationships and the characters. Some of the choices expected out in 2017 seem inspired: Gillian Flynn of bestselling *Gone Girl*

fame is taking on the bloody tragedy *Hamlet* and its psychological tension; Jo Nesbo, the noir thriller writer, has chosen *Macbeth*; Tracy Chevalier, who you'll remember from *Girl With a Pearl Earring*, is taking on *Othello* while Edward St. Aubyn is doing *King Lear*. Eventually, Dennys says, they hope all of Shakespeare's work will be retold in this way.

The series, says Dennys, is not so much about asking why Shakespeare is still relevant, but "what in his insights, his humour, his tragedies . . . what in all that still makes him so relevant today." He is, she points out, still one of the most read authors in the world.

"His understanding of human relationships has not dated. That is something he was just so brilliant at. So that's why our present great authors have had such fun going back [and looking] into how he made great stories."



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Panther pounces

A little girl's cat dies and, in her sorrow, a new cat of an entirely different breed magically enters her life. This graphic book *Panther* by Belgian cartoonist Brecht Evens (Drawn & Quarterly), was published in Flemish; it tells the story with little text.



• TORSTAR NEWS SERVICE



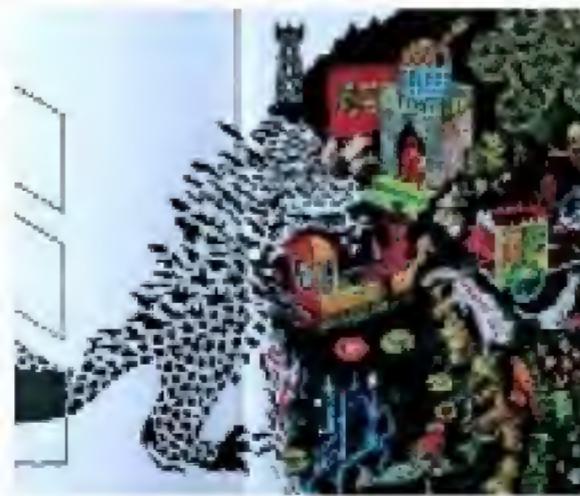
Suspended animation

A freckled-faced red head named Christine comes home from school to find out that her cat, Lucy, is dead. The day had started with Lucy not eating her breakfast and, while Christine was at school, her father took the cat to the veterinarian. While her father is trying to explain that the pet was in a lot of pain and had to be put down, Christine runs up a suspended staircase to hide in her room. The palette is red and blue, the figures vaguely drawn.



Colourful chaos

This is Christine's bedroom — her bed, the clown lamp, dresser, butterfly decorations, stuffed animals are all here. And there's Christine on her bed, cuddling Panther. But this bedroom is the one of Christine's dreams, filled with characters, animals, shapes and images that twirl about her bed and cover every square inch of floor and wall. It's colourfully chaotic, bursting with images apparently in motion, overseen by a floating eyeball. A frantic slumber.



Emotional Christine

Shape changers

Christine is learning to be a panther following the discovery that the spots are camouflage. Decorated in red dots, she practices hiding and learning panther tricks. Christine reveals that her mother left home, swearing she'd kill herself, and never returned. The Panther is an empathic, interested, warm confidant as well as teacher. It understands Christine's emotional needs. The two are entwined as Christine falls asleep, still covered in those dots.

The adventures involve many animals, including her toy bear Buster, who also changes shape and colour and plays tricks on her. Danger lurks, the animals prove untrustworthy, gruesome images abound and the dream world is a less inviting place to visit. A monkey's head has blown up, scattering black bits over everyone — the result of Monkey-itis. (Or smoking cigars.) Christine calls for Panther in her distress, she needs saving from this nightmare.

The ending unfolds

The evil cast of characters has been banished from the bedroom. Chaos has been replaced with quiet. It's just Panther and Christine again. It's her birthday and she and her father are going for Chinese food after her nap. Her father calls, "It's time to go." And that is what the Panther does. The black-dotted creature that has disrupted Christine's dreams, slinks back into the bottom dresser drawer — and the world he came from.

The image is a vertical advertisement for House of Cars. At the top, the logo 'House of Cars' is displayed with 'SALES / SERVICE / FINANCE' underneath. A banner below the logo reads 'TOP USED CAR DEALERSHIP 2016' with 'TOP CHOICE AWARDS' underneath. The main headline 'Spring INTO THE SEASON WITH LOW PAYMENTS' is followed by a large offer of '\$10,000 CASH BACK!' with a note 'UP TO'. Below this, a yellow sports car is shown from a side-front angle. A black box contains the text 'APPLY TODAY & DRIVE TODAY!' and '\$29 BI-WEEKLY PAYMENTS starting @'. The website 'www.houseofcarscalgary.com' is listed at the bottom of the box. A small note at the very bottom left discusses financing terms. The bottom section features the phone number '403-457-2244', the address 'HOUSE OF CARS (MACLEODTR) 3909 Macleod Trail South Calgary, AB T2G 2R4', and social media links for Facebook and Instagram. A banner at the bottom encourages an 'Easy 30 Second Online Application' with the website 'WWW.HOUSEOFCARSCALGARY.COM'.

ANNIVERSARY

The smooth Criminal celebrates a decade

Criminal: 10th Anniversary Special
BY: Ed Brubaker and Sean Phillips
PUBLISHER: Image Comics

**Mike
Donachie**
 Metro | Canada

It's not really about a kung fu were-wolf, but it sort of is.

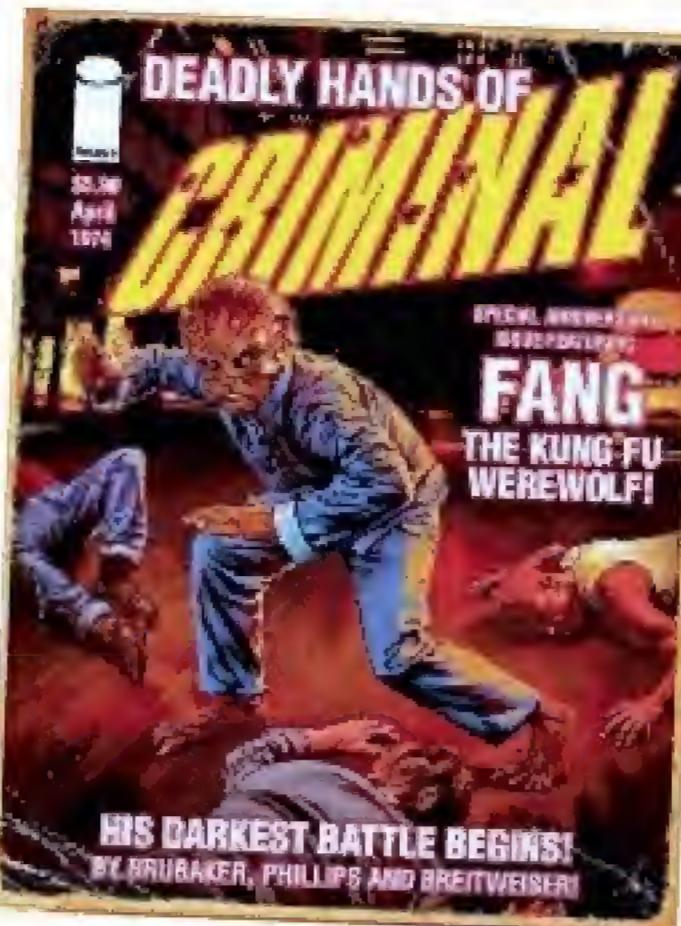
It's 10 years since the start of Criminal, the crime series by Brubaker (who wrote the book that led to the movie Captain America: The Winter Soldier) and Phillips, and it's still the gold standard of comic books. The whole series is available in book form, but its anniversary has been marked with this special magazine-

sized book, which features the return of some old favourites.

Killer, gangster and useless father Teeg Lawless is back, and his young son Tracy is along for the ride. Dad has a nasty job to do, and the kid is being forced to help. He won't enjoy the trip.

But he does have a kung fu were-wolf for company, in the comic book he's reading. The main story is strong, but the best part of this is the book-within-a-book, with several pages of 70s-style action featuring a hairy, high-kicking Peter Parker allegory.

The Criminal special works as a standalone story, if you haven't read the other books. But you should.



BOOK BRIEF

Biography reveals randy side of McCartney

Sir Paul McCartney once had a foursome. And we're not talking a friendly game of golf. The ménage-a-quatre — involving McCartney and three willing women — is just one of the many salacious revelations contained in author Philip Norman's authorized biography of the former Beatle, this one recounted by his cousin Mike Robbins. Among the more eyebrow-raising details in Norman's book:

- McCartney's father's advice on sex was to watch dogs copulating.
- Manager Brian Epstein would arrange to have a

high-priced prostitute available to each of the Beatles during tours of the U.S.

- Girlfriend Dot Rhone changed her looks to resemble French sexpot Brigitte Bardot.

- The Fab Four shared a room in the early days and the night George Harrison, then 17, lost his virginity, the other three cheered and clapped afterward.

- When McCartney was dating Iris Caldwell, a trapeze artist, he would visit her at home where he would have her mother comb his very hairy legs.

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MEET THE CONDO

MOTIF TOWNHOMES IN REDSTONE

Community is the Motif



CONTRIBUTED

Project overview

Motif Townhomes in Redstone is focused on building a community within a community while creating a family environment. This project offers three finishing levels in every home to choose from.

Building and amenities

Motif Townhomes boasts a private central courtyard with playground, pathways and more. Each home is finished with triple-pane windows, Navien tankless water heater, heat recovery ventilator, motion sensor light switches and water-saving toilets.

Location and transit

Redstone is ideally situated near a number of popular North Calgary amenities including Genesis Centre for Wellness, several schools and places of worship and shopping centres. There are two future schools planned in addition to a future LRT station.

In the neighbourhood

The Participark is a series of interconnected fitness stations incorporated into the east-west open space corridor. It's designed to provide residents with year-round access to a range of exercise options, and it also connects to the city's regional pathway system.

KRISTA SYLVESTER/FOR METRO



NEED TO KNOW

What: Motif Townhomes in Redstone

Builder: Jayman

Designer: Norr Architects

Location: Redstone Street N.E.

Building: Central courtyard

with playground and pathways

Sizes: 1196 sq. ft.- 1763 sq. ft.

Pricing: From \$285,000s

Occupancy: Two and three-

bedroom townhomes with

single, tandem or double-car

garage

Sales centre: 12313 Redstone Street N.E.

Phone: 587.352.0830

REAL ESTATE

What's hot on the market in Calgary this week



1 PRE-CONSTRUCTION, NOW SELLING

Avli on Atlantic by Red Development: The Avli on Atlantic is a 64-unit condo project located in the trendy neighbourhood of Inglewood with units available from \$300,000 and up. Check out the Inglewood Presentation Centre at 1201-10th Ave SE.

2 PRE-CONSTRUCTION, NOW SELLING

Lusso by Hearthstone: This development will be located in Renfrew Regal Terrace, near numerous eateries such as Diner's Deluxe and OEB. The five-storey building will have a gym and indoor parking. The Sales Centre is under construction at 605 7th Ave. NE.

3 UNDER CONSTRUCTION, NOW SELLING

Verve by Fram + Slokker: This 25-storey high East Village condo offers unique balance of shops, offices and residences. There are 195 suites ranging from cozy one-bedrooms to spacious penthouses. Check out the sales centre at 553 Riverfront Avenue SE.

Working antiques into your decor

MIX AND MATCH

Vintage pieces help to create unique look

The introduction of antiques into your home can provide a beautiful layer of design depth.

The trick is to select just a few pieces you love and work them into your decor. Loving antiques doesn't mean filling each room from top to bottom to create a reproduction of a historic home. Vintage pieces can easily complement contemporary furniture and be every bit as functional and, because most are one-of-a-kind, they help to create a look individual to you.

A few great ways to work these amazing pieces into your designs:

Reworked antiques

The French 18th-century Bergère chair has been reproduced for literally hundreds of years and has inspired many other chairs like it.

The exposed wood is sometimes painted and sometimes stained. Nothing can beat the



Vintage pieces can easily complement contemporary furniture, like this 18th century gold gilt French side chair. GLEN PELOSO/FOR TORSTAR NEWS SERVICE

patina of an antique chair and, once the chair is recovered it becomes a brilliant combination of old and new.

Combined time periods

The dining table doesn't need to be the eight-piece set that you got at your local furni-

ture store.

The combination of elements from various time periods allows you to create a truly

+ MID-CENTURY

One of the most popular antique selections currently is mid-century modern.

When creating a room that has the feel of mid-century modern, injecting a piece that is truly from that period can ground the look you are attempting to achieve.

The current reproductions of the time period are usually the most iconic elements from the era.

unique look.

Also, the combination of wood colours provides an attractive texture and additional layer to the design of the room.

The key to success when combining is to stay within the same time period or go more than two time periods apart so the final "look" is clearly intentional.

Repurposed antiquity

The draper's table, repurposed as a credenza/desk, retains its rich, wooden beauty and spun

details of the leg.

But it needed a new job title since it's no longer in use as an 18th-century work table in a draper's shop. Ideally, the antiques in your home should serve a purpose, allowing you to live in your home as opposed to just look at it.

Strength and balance

If you are working with strong architectural details like ornate coffers, dental details on the crown moulding, or extra tall and detailed doors, you need furniture and accessories to provide balance.

Conversely, if you are drawn to design elements that are commanding — such as wall treatments — the additional visual strength provided by antiques are a worthy match.

The esthetic impact of each element creates a visual balance.

GLEN PELOSO/
FOR TORSTAR NEWS SERVICE

Glen Peloso is principal designer of Peloso Alexander Interiors, national design editor of Canadian Home Trends magazine and a design expert on the Marilyn Denis Show on CTV.

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Amelia McDonell-Parry is a New York-based editor and writer who fell in love with the weaving (above). McDonell-Parry says Instagram has been a boon for crafters like her. Below: Evan Gray Gregory designed her cat console when she moved into a small home. MAIN: AMELIA MCDONELL-PARRY

Turning crafting into a career

SKILLS

Women at forefront of the maker movement

Women have always been an integral part of crafting culture, and now, with help from the Internet, they're taking it to the next level.

Hobbies can become thriving sidelines or full-time livelihoods. At Etsy.com, a major online crafts marketplace that launched in Brooklyn in 2005, most of the sellers are women, says Heather Jassy, a senior vice-president for the site. She says women make up 86 per cent of the site's sellers in America, 94 per cent in Australia and 91 per cent in Canada, for example.

"We hear from our sellers that they want to make a life, not just a living," she says. "Starting a creative business gives many women the opportunity not just to follow their passion, but

to retain their autonomy, and build flexibility into their lives."

Greta de Parry of Chicago grew up on her dad's construction sites, poring over blueprints.

"I always knew I'd follow some kind of creative path," she says. "I just didn't know what."

In a first-year woodworking class at the Art Institute of Chicago, she fell in love with furniture making.

She started her own line of custom pieces in 2009, and in 2014 opened an Etsy shop.

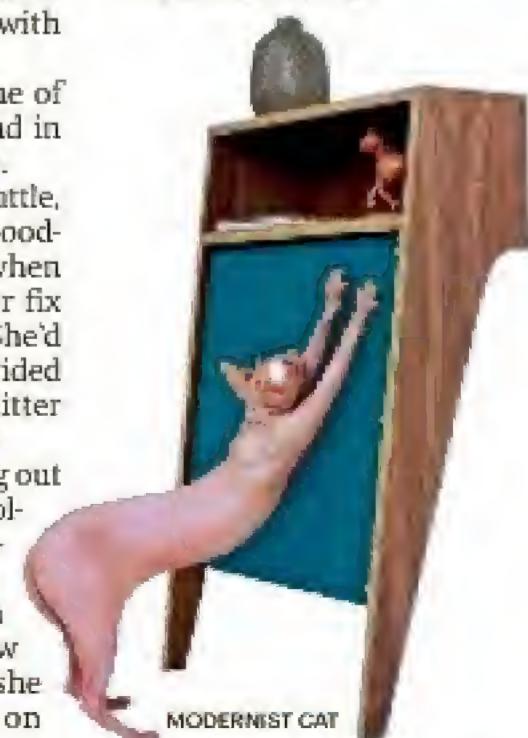
Evan Gray Gregory of Seattle, turned her interest in woodworking into a business when she came up with a clever fix for a common problem. She'd gotten a new cat, and decided that a standard, pet-store litter box wasn't going to work.

"I couldn't find anything out there to blend with our collection of mid-century modern pieces," she said.

She designed and built a stylish litter box that drew raves from friends, and she opened Modernist Cat on

Etsy in 2010. Amelia McDonell-Parry, Spin Media's editor-at-large and an amateur weaver, says Instagram has become a powerful player. "Over the last few years, a community of mostly female creators has exploded on the app, including both professional makers and on-the-side hobbyists," she says.

THE ASSOCIATED PRESS



MODERNIST CAT

GRAND
OPENING



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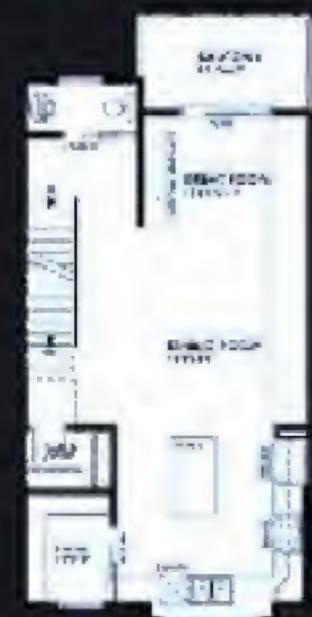
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REVERSE MORTGAGES

Borrowing from property is a way to ride the tide

Brent Jolly

Recently widowed and with two teenage children living at home, Christine Dodds, who did not want her real name used, was caught in what she calls "financial quicksand."

At 56, she was laid off from her job as a paralegal and had very little retirement savings to tap into. Although there was the possibility of a new job on the horizon, her financial stress was compounded by another family emergency, which left her desperate for cash.

"I needed help," she said. "I've never lived a lavish lifestyle. I've always been frugal, but life just happened."

What Dodds did have working in her favour, however, was that she lived in a home in Toronto that she estimated to be worth over a million dollars. She also wasn't carrying a mortgage.

House rich, but cash poor,

Dodds says she realized her best option was to take out a reverse mortgage on her home.

"I was desperate, I was left with little other choice at that point," said Dodds, who got her reverse mortgage through HomEquity Bank's Canadian Home Income Plan (CHIP).

A reverse mortgage is a financial arrangement which provides applicants with a mortgage loan secured against the value of a home.

Reverse mortgages are only available to people over age 55 with enough equity in their home to borrow against it.

According to Yvonne Ziomiecki, senior vice-president of marketing and sales for HomEquity Bank, customers can get about 20 to 55 per cent of their home's value through a reverse mortgage.

That spread depends on several variables, including the home's location, the client's age, the condition of the property, and its type.

Cooper airs on the side of caution with reverse mortgages as they can be both expensive and difficult for people to fully understand.

taking out a reverse mortgage: customers can continue to live in their home and the money they receive is tax free.

In Dodds' case, she was able to secure a lump sum payment of \$300,000, which was the maximum amount she was allowed to withdraw given her age. "Using the equity in my home got me through my time of emergency," she said.

While the choice to take out a reverse mortgage was a virtual no brainer for Dodds, it isn't a financial strategy that should be used liberally, says Sherry Cooper, chief economist for Dominion Lending Centres.

"Reverse mortgages should only be considered as a measure of last resort for a short-term fix," said Cooper. "They should be sought out only when consumers have no other options."

Cooper airs on the side of caution with reverse mortgages as they can be both expensive and difficult for people to fully understand.



With a reverse mortgage you can live in your home and the money you receive is tax free. iSTOCK

APPS

The facts at your fingertips

Buying a home in any real estate market can feel a bit like chasing your tail — you check out a house, fall in love, figure out your financing, make an offer...and hope it's accepted or that you don't end up in a bidding war. To make your home-buying process easier, here's a roundup of the best apps to help you navigate the home-buying process — from finding the home of your dreams, to figuring out whether you can afford it.

Ready Set Home Mobile App

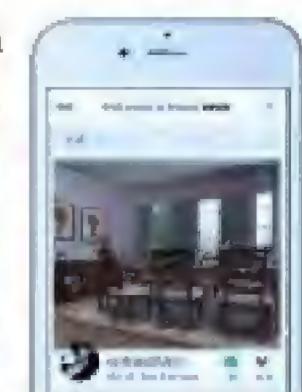
Developed by the Canada Mortgage and Housing Corporation (CMHC), this tool walks prospective homeowners through the process of purchasing a property. It offers both mortgage affordability and payment calculators, and you can set up a profile to track the properties you're considering, along with their various features (a finished basement or charming deck, for example). It will, of course, let you know if you need to purchase CMHC mortgage loan insurance and how much that will set you back as well. Additional features include a glossary of mortgage terms, and plenty of articles on topics related to home ownership.

HomeOpeners App

Genworth Canada offers this app with mortgage and affordability calculators (plug in your income, debt payments, interest rate, etc. and it will tell you how much home you can manage). It's geared to real estate industry professionals, but it's easy to use and anyone can download it. There's also a mortgage insurance premium calculator that lets you know what it will cost if you need to get Genworth's mortgage loan insurance.

Homestyler Interior Design App

Can't figure out how to decorate that new living room or bedroom? Upload a photo of the room, plug in its measurements and then try out different furniture, flooring or paint colour options.



CAMILLA CORNELL

Homeowner beware the second time



Only consider a second mortgage in extreme and unusual circumstances, like if you lose your job, or have an illness. iSTOCK

Putting a second mortgage on your home is not a decision to take lightly, says James Laird, president of national mortgage broker CanWise Financial. "The first thing to think about here is whether you should opt for a second mortgage at all," he said.

To be clear, a second mortgage is an additional loan you take out on a property that is already mortgaged. "It's not a completely separate mortgage for a cottage or second home," said Laird.

That makes it riskier for the lender, because if you default on your loan, the home will go into foreclosure. "But the first money out will go to pay back the lender of the first mortgage," said Laird. Only after he has been 100 per cent repaid, "does the second mortgage provider get a single dollar."

"So the holder of the second mortgage is going to be quite concerned that you will not have the money to repay him in full," he explained.

To compensate for this extra risk, you pay higher fees

and interest costs for a second mortgage, and you may have to jump through a few extra hoops. Here's what you need to know before you take the leap.

When should I consider a second mortgage? Only in extreme and unusual circumstances, says Laird, such as when a marriage breaks up, you lose your job, or illness sets in. "It would not be prudent to use it to put a pool in the backyard, or buy a cottage," he said.

Even if your intent is to spend money to make money, by say, putting in a basement apartment to generate income, Laird is leery. "You'd have to look very closely at the cost of the investment versus the potential income generated by the investment," he said. "The rent that you would receive would have to be very strong to cover the cost of borrowing for the second mortgage."

How much will I pay in fees and interest? That's a function of three things: the amount of equity you have in your home (it provides security for the loan),

your personal credit (it's an indicator of how likely you are to repay the debt), and your household income (because you can't get blood from a stone).

Unlike in the case of a first mortgage, you'll usually pay a fee of one to two per cent of the loan amount to set up a second mortgage (say \$100 to \$200 up front or an extra \$10,000).

Your interest rate will be considerably higher too — probably between six and 13 per cent, compared to 2.4 to 2.9 per cent for fixed-rate first mortgages. "The higher the risk, the higher the rate," Laird said.

A fairly low-risk borrower in the world of second mortgages, might be someone who has a \$50,000 mortgage on a \$100,000 home and wants to borrow an extra \$15,000 to pay off the credit card. The problem: he has just lost his job.

Even with the second mortgage, this borrower still owns 35 per cent of his home outright. "He might get a rate of around six per cent," Laird said.

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MLB-worst Atlanta was mired in a 15-game home-run drought and had hit only three longballs before Freddie Freeman's Wednesday



Islanders bust down Bolts

NHL PLAYOFFS

Tavares doesn't skip a beat as he helps chase opposing goalie

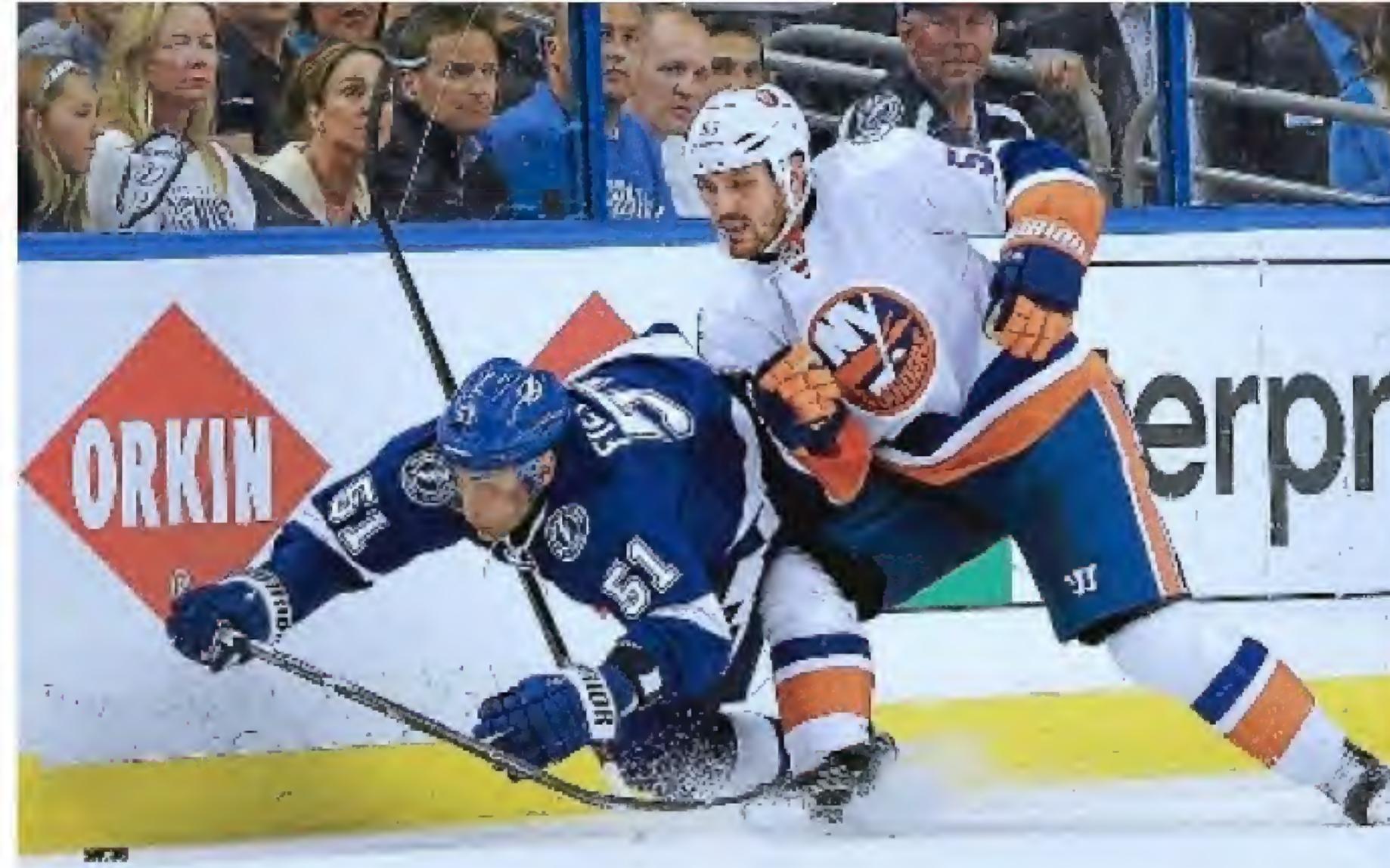
Shane Prince scored twice during a three-goal first period and John Tavares had a goal and an assist in the New York Islanders' 5-3 victory over the Tampa Bay Lightning on Wednesday night in Game 1 of their second-round playoff series.

Taking up where he left off in helping the Islanders advance beyond the first round for the first time in 23 years, Tavares assisted on Travis Hamonic's goal that erased an early deficit and later scored his sixth post-season goal on a blistering shot from the left circle to give New York a 4-1 lead midway through the second.

The Islanders needed overtime to get three of four victories against the Florida Panthers in the opening round. This one was never seriously in doubt after New York wiped out the 1-0 lead Tampa Bay took on Ondrej Palat's goal just over three minutes into the game.

Tampa Bay pulled to 4-3 on third-period goals by Nikita Kucherov and Valtteri Filppula before Cal Clutterbuck's empty-netter sealed the victory in the final minute.

Thomas Greiss, who won one game in overtime and two in double overtime against Florida, finished with 33 saves for the Islanders. They were outshot 28-10 over the last two



The Islanders' Casey Cizikas checks Valteri Filppula of the Lightning during Game 1 of their Eastern Conference semifinal on Wednesday in Tampa, Fla. CHRIS O'MEARA/THE ASSOCIATED PRESS

periods.

Game 2 is Saturday at Amalie Arena.

Lightning goalie Ben Bishop was superb in allowing no more than two goals in any of Tampa Bay's five games against Detroit in the opening round. He yielded four in 13 shots to the Islanders before he was replaced by Andrei Vasilevskiy.

Tampa Bay entered the series

GAME 1 in Tampa, Fla.



following a six-day layoff, but the benefit of the extended rest was debatable after the Islanders overcame the early deficit to take a two-goal lead into the first intermission.

Prince scored twice in the final 2:32 of the opening period, camping out alone in front of the net to deflect a pass from Strome through Bishop at 17:28 and beating the Vezina Trophy

finalist again with a wrist shot from the right circle with 2.1 seconds remaining.

New York built the 3-1 lead despite failing to take advantage of its first two power-play opportunities. Given a third chance with a man-advantage, the Islanders struck with Tavares to make it 4-1.

That ended Bishop's night.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Powell living the dream

Norman Powell says he's been dreaming his entire life of playing in the spotlight on the NBA's biggest stage.

There was zero sign of stage fright Tuesday night, when the Raptors rookie swiped the ball off Pacers star Paul George, and took flight for a massive one-handed dunk. The huge play was a turning point in Toronto's Game 5 win over Indiana. And it came as no surprise to his teammates.

"When I first worked out with him in the gym, his mindset, his competitive nature, he didn't care who you were once you were on that court," DeMar DeRozan said of Powell. "He's had my respect since then."

The 22-year-old UCLA product was a big part of the Raptors' fourth-quarter comeback that has them just one win away from clinching the series. Toronto takes a 3-2 series lead to Indianapolis on Friday.

Powell, whose dunk lit up Twitter — with the hashtag "WeTheNorm" — has played with a veteran's poise in his post-season debut. Nerves? There are none.

"No, I just told myself I put in the time, I put in the work, to go out there and play basketball," Powell said Wednesday. "It's a big stage that I've dreamed of being on my whole life, and to go out there and to prove to people that I belong on this stage, that I belong in the NBA — that's my whole mindset, (since) the day I was drafted."

THE CANADIAN PRESS

MLB

Giants' Belt falls just short of cycle

Brandon Belt was a homer short of the cycle and drove in five runs. Hunter Pence drove in a pair on three hits and the San Francisco Giants completed a three-game sweep by beating the San Diego Padres 13-9 on Wednesday.

Jeff Samardzija (3-1) went 5-2/3 innings and snapped a tie with a two-run single for the Giants, who won their fifth in six games.

THE ASSOCIATED PRESS



Brandon Belt GETTY IMAGES

IN BRIEF

Bishop, Holtby, Quick named Vezina finalists

Ben Bishop of the Tampa Bay Lightning, Braden Holtby of the Washington Capitals and Jonathan Quick of the Los Angeles Kings are the three finalists for the 2015-16 Vezina Trophy awarded to the NHL's best goaltender.

The league announced the finalists on Wednesday.

The general managers of all 30 NHL teams submitted ballots for the Vezina Trophy at the end of the regular season. THE CANADIAN PRESS

Olympic flame passed off to Rio Games organizers

The Olympic flame was handed to organizers of the Rio de Janeiro Games in Athens on Wednesday, 100 days before the opening ceremony in Brazil.

Dressed as a high priestess, actress Katerina Lehou led the brief ceremony at the Panathenian Stadium, a horseshoe-shaped marble venue where the first modern Olympics were held in 1896.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Celtics star expected back for Game 6

Celtics coach Brad Stevens says that all signs point toward Isaiah Thomas being able to play in Game 6 against the Hawks.

Stevens said Wednesday that he'd gotten all positive updates on the all-star guard's status, who limped to the locker-room with a mild left ankle sprain in the closing minutes of Tuesday's 110-83 loss in Atlanta.

Boston — trailing 3-2 — hosts Atlanta Thursday night.

THE ASSOCIATED PRESS



Isaiah Thomas GETTY IMAGES

RECIPE Grilled Shrimp Guacamole Salad



Ceri Marsh & Laura Keogh
For Metro Canada

We think any recipe that has guacamole in the title rates high, but if it also features shrimp and comes together in a snap then we call that one a winner.

Ready in

Prep time: 10 minutes
Cook time: 10 minutes

Ingredients

- 200g raw shrimp
- Olive oil
- Salad leaves
- 1 avocado, diced
- Handful of cherry tomatoes, cut in half
- Cilantro, chopped to garnish
- For the dressing:
 - Juice of 1 lime
 - 1 tbsp extra virgin olive oil
 - ½ clove garlic, crushed
 - 1 jalapeno pepper, diced (optional, if you like a bit of heat)
 - Salt and pepper

Directions

1. Toss the shrimp in a little bit of olive oil and salt and pepper. Either put the shrimp on skewers and place on a hot barbecue grill, or put a cast iron griddle on the barbecue and cook the shrimp in the hot pan. For both methods, cook the shrimp for only a minute or so on each side – just until the shrimp is pink. Set aside while you make the salad.
2. Artfully arrange the salad leaves, avocado, and tomatoes on a plate, or chuck it all together in a bowl – it'll taste the same either way, really. Whisk the dressing ingredients together and season to taste. Drizzle dressing over salad and put shrimp on top. Garnish with the fresh coriander.

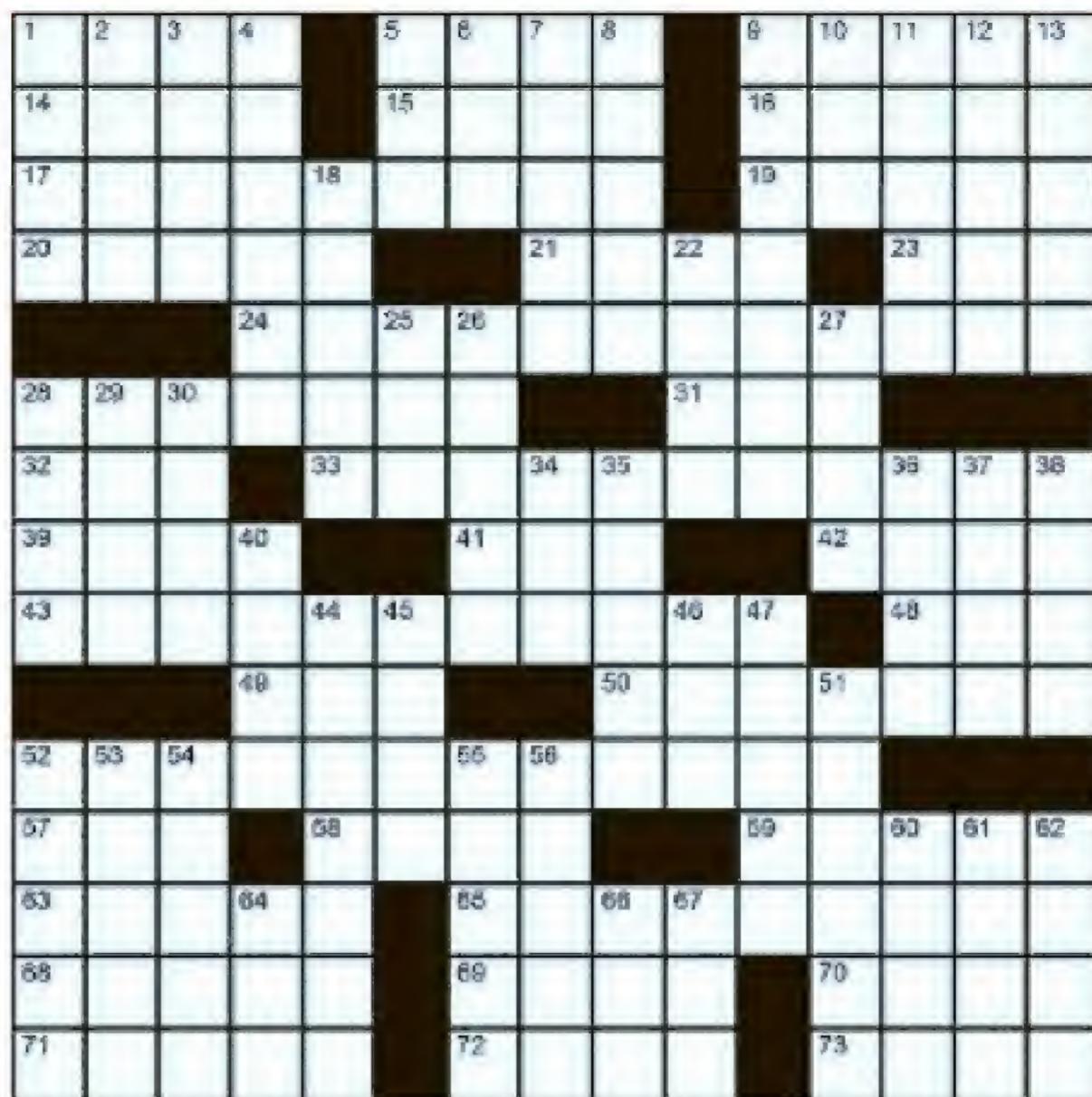
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Spouse
5. Show snippet
9. Mr. Potato Head stick-ons
14. Panache
15. Drove
16. Spiritless, to Shakespeare
17. The Guess Who's 'tart' tune: 2 wds.
19. Brian Bowman's job in Winnipeg
20. Bristly hairs
21. Jai
23. Can, borderer
24. As per #33-Across...
25. Composer of 1875 opera Carmen: 2 wds.
28. "The Fresh Prince of Bel-Air" star Alfonso
31. Sportily succeed
32. 'Meth' suffix
33. The Canadian Opera Company's production of Carmen is currently on stage at the ___ Centre for the Performing Arts, in Toronto
39. Belonging to the Pittsburgh Steelers org.
41. Fis' front
42. Me, she or him [abbr.]
43. Gleaming bird of prey: 2 wds.
48. Parisian summer
49. Prefix to 'culture' (Beekeeping)
50. As per #24-Across...
- French author of the novella Carmen on which the famous opera is based, Prosper ___ (b.1803 - d.1870)
52. Backyard furniture
- pieces: 2 wds.
57. Ms. Ortiz
58. Part
59. Bay window
63. David's Goliath-slaying weapon
65. Siren sounder
68. Madonna's "Evita" (1996) role, Eva ___
69. Fleek



DOWN

1. Clutter
2. ___ vera
3. Pulled tightly
72. Built-up talk
73. Thailand neighbour
70. Genuine
71. Retailer's establishment
72. Built-up talk
73. Thailand neighbour
74. Anger
5. Grand ___ (Wine classification)
6. Law, in Laval
7. Luggage's label: 2 wds.
8. 16th-century English dramatist George
9. Country in southwest Africa where Windhoek is the capital city
10. Granny: German
11. Russian spacecraft
12. Irregularly edged
13. Fender guitar,

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Warning! Your relations with authority figures — bosses, VIPs, parents and teachers plus the police — will have some surprises and possible conflicts today. Tread carefully.

Taurus April 21 - May 21
Travel plans will be cancelled, delayed or rescheduled today. Surprise news might affect you, especially regarding publishing, legal or medical matters. School plans might be rescheduled.

Gemini May 22 - June 21
Make sure that you know what's happening with inheritances, insurance issues and anything regarding shared property, because something unexpected will impact these areas today.

Cancer June 22 - July 23
Relations with partners and close friends are a bit dicey today. Someone might demand more freedom in the relationship. Or this person might surprise you in a different way. Be ready for something unexpected.

Leo July 24 - Aug. 23
Your work routine will be interrupted because of computer crashes, canceled meetings, staff shortages or broken equipment. Allow extra time for wiggle room to deal with this.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids or children you work with; therefore be wise and be extra vigilant. Social occasions and sports are also subject to cancellations and accidents.

Libra Sept. 24 - Oct. 23
Small appliances might break down today or minor breakages at home could occur because something will interrupt your daily routine. Likewise be patient with sudden requests from family members.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for your sign, so pay attention to everything you say and do. Be alert. (The world needs more people who are alert.)

Sagittarius Nov. 23 - Dec. 21
You might find money today; you might lose money. Keep an eye on your possessions as well, because this is an unpredictable day.

Capricorn Dec. 22 - Jan. 20
It's a crapshoot today. The Moon is in your sign, dancing with wild, wacky Uranus. This might make you obsessed with something unusual. (Lighten up.)

Aquarius Jan. 21 - Feb. 19
You will feel restless today. Don't worry about this, because many people feel this way today. Fear not; this feeling is gone by tomorrow.

Pisces Feb. 20 - March 20
A friend might say or do something that surprises you. Alternatively, you might meet someone who is a real character, because this is not a boring day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

7		8		4
	4	6	2	
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1			5	
8	5		2	3
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	1	6		
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6		2	7	

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(KIA OWNERS SAVE \$500!)

\$13,808

OR PAY ONLY

\$46/WK

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2016 KIA SPORTAGE EX

K56236DT

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MSRP \$34,218

(LESS \$3,000)

CASH PRICE

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(KIA OWNERS SAVE \$500!)

\$30,718

OR PAY ONLY

\$96/WK

\$0 DOWN @ 2.69% 84 MONTHS

MSRP \$30,398

(LESS \$3,000)

CASH PRICE

\$27,398

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The Power to Surprise

